

TUE (see attached TUE Form)

Any athlete required for medical reasons to use a prohibited substance must apply for a Therapeutic Use Exemption (TUE). TUE applications must be submitted no later than 21 days prior to the commencement of the tournament. All TUE applications will be considered by the TUE Committee and the applicant will be notified of the outcome by the BCDS.

Emergency TUE (same form as TUE form, applicants need to tick the Emergency TUE box in Question 1)

If an athlete requires medical treatment, within 21 days of the commencement of the tournament and/or during the tournament, and that medical treatment will include the use of a prohibited substance(s) a player must apply for an Emergency TUE. All Emergency TUEs are processed on an expedited basis.

Please follow the guidelines below for TUE submissions:

- 1) The form must be completed by the athlete requesting the exemption;
- 2) The form must be countersigned by a medical practitioner (see section 8);
- 3) **If the Player is under the age of 18 years a Parent / Guardian must counter sign the application.**
- 4) Once the form has been completed it must be returned to the BCDS.
- 5) The BCDS will dispatch the completed form to the your International Federation.

Please note that if an athlete has a current TUE that has been granted within the last 12 months, by a WADA compliant Anti Doping Organisation, then the athlete usually needs to complete only sections 1 – 4 of the TUE form and supply the BCDS with evidence of the current TUE.

We encourage and advise all athletes and officials to make themselves familiar with the WADA prohibited list. For the current list of prohibited substances please refer to the Bermuda council for Drug-free Sport website (www.bcds.bm) where there is a link to the World Anti Doping Agency (WADA) website or you may go directly to WADA at www.wada.ama.org Please Note that a new WADA Prohibited list comes into effect on 1st January every year.

We strongly advise all teams carrying any required / essential medications, that the medication is, at all times, and accompanied by the relevant paperwork / prescriptions and medical practitioner's correspondence. Most countries uphold extremely strict and severe penalties, in extreme cases - such as the Mandatory Death Penalty in Malaysia, against the use and possession of many illegal substances.

Please note: - TUE application processing is ongoing through the year, but restrictions may apply for tournaments. The BCDS will make every effort to obtain this information, but athletes should check first and foremost with the local Team or Event Manager of your NSGB in regards to any special rules that may apply.

For any queries with regards to TUE's please contact:

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