



# Substance Classification Booklet

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**Canada** 

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## Helping Athletes Compete Doping-Free

The Canadian Centre for Ethics in Sport (CCES) promotes ethical conduct in all aspects of sport in Canada. It is a distinct privilege to be able to contribute to the value of sport in this way. Through its work, the CCES seeks to ensure that sport makes a positive contribution to individuals and communities in Canadian society. To truly safeguard the value of sport however, all of us share an obligation to promote ethical values in sport. Together we have a responsibility to ensure that our sport system is one in which all Canadians can share a sense of trust, confidence, respect and pride as we pursue athletic excellence.

The CCES is committed to promoting a fair and doping-free sport environment for all Canadian athletes. We believe that athletes compete because they love their sport, they respect the game and they want to achieve excellence. Collectively, Canadian athletes have called on the CCES to provide services and programs to achieve fair and ethical sport.

This booklet provides athletes and their support personnel with a complete overview of the 2008 World Anti-Doping Agency (WADA) Prohibited List and its application to the Canadian Anti-Doping Program. **The information in this publication is provided for reference purposes only. The prohibited categories and lists of examples in this booklet are subject to change by WADA. WADA may, and does, make modifications to the Prohibited List periodically. The information in this publication is based on the WADA Prohibited List (available at [www.wada-ama.org](http://www.wada-ama.org), version date January 1, 2008).**

All athletes are responsible for ensuring that they comply with the rules and regulations of competition, which include any sport federation restrictions and the WADA Prohibited List. If you are in doubt about any substance or product, avoid its use.

The CCES provides information services to any individual or organization seeking to know whether or not a particular substance or method is prohibited for use in sport. Please note, however, that the CCES does not “clear” or “endorse” consumer products for consumption by Canadian athletes.

If you are ever unsure or have any questions about a medication, please contact the CCES for further information.

Telephone: 1-800-672-7775  
Email: [substanceinquiries@cces.ca](mailto:substanceinquiries@cces.ca)  
Online: [www.didglobal.com](http://www.didglobal.com)



## 1.0 Permitted Substances

It is important to know that most substances are not prohibited and therefore are available if needed to treat a legitimate medical condition. Drugs in this category may be prescription or non-prescription drugs. This list is not exhaustive but is meant to provide suggestions of drugs that are permitted. There are other permitted substances that are not listed here.

This list should not be taken as a recommendation concerning the relative efficacy of various substances or as a recommendation to use them. Athletes must rely on the advice of doctors or pharmacists about the safety or efficacy of a medication.

Generic medications are often named by the abbreviation of the company followed by the chemical name of the substances. For example: Apo-, CO-, Gen-, Lin-, Novo-, Nu-, PMS-, Ran-, Rho-, Riva-, Sandoz and Taro-. For instance, Apo-Salbutamol is salbutamol.

You can also conduct an online search of the Global Drug Information Database (DID) at [www.didglobal.com](http://www.didglobal.com) for sport-specific information on prescription and over-the-counter pharmaceutical products sold in Canada and the UK.

### **This list provides examples of permitted substances in the following categories:**

Acne Therapy	Antispasmodics
Anaesthetics	Antivirals
Analgesics/Anti-inflammatories	Anxiolytics/Sedatives
Antacids	Cholesterol
Anti-anginals	Contraceptives
Antiarrhythmics	Cough and Cold Preparations
Antiasthmatics/Bronchial Anti-inflammatories	Creams/Ointments/Lotions/Balms/Sprays
Antibiotics/Antibacterials	Decongestants
Anticonvulsants	Eye/Ear
Antidepressants	Gastric Ulcer
Antidiabetics	Laxatives
Antidiarrheals	Lozenges (Throat)
Antifungals	Mania Therapy
Antihistaminics	Muscle Relaxant
Antihypertensives	Premenstrual Syndrome and Dysmenorrhea
Anti-inflammatories	Sedatives
Antimigraine	Smoking Cessation Aids
Antinauseants/Antiemetics	Vaginal
Antiparasitic	Other Medications
Antipsychotics	
Anthelmintics	
Antimalarials	
Antiprotozoals	



## ACNE THERAPY

Accutane Roche (isotretinoin)	Isotretinoin
Acetoxyl (benzoyl peroxide)	Isotrex (isotretinoin)
Adapalene	Meted (salicylic acid, sulfur)
Benoxyl (benzoyl peroxide)	Minocycline
Benzac (benzoyl peroxide)	Oxyderm (benzoyl peroxide)
Benzagel (benzoyl peroxide)	Panoxyl (benzoyl peroxide)
Benzamycin (benzoyl peroxide, erythromycin)	Pernox (salicylic acid, sulfur)
Benzoyl Peroxide	Retisol-A (tretinoin)
Cetaphil Acne Principles (benzoyl peroxide)	Salicylic Acid
Clarus (isotretinoin)	Sebulex (salicylic acid, sulfur)
Clear Acne Treatment Cream (benzoyl peroxide)	Solugel (benzoyl peroxide)
Clindamycin	Stevia-A (tretinoin)
Clindoxyl (benzoyl peroxide, clindamycin)	Stievamycin (erythromycin, tretinoin)
Clinique Acne Solutions Clearing Moisturizer - Emergency Solution (benzoyl peroxide)	Sulfur
Dalacin T Topical Solution (clindamycin)	Tarazotene
Diane-35 (cyproterone, ethinylestradiol for females only)	Tazorac (tazarotene)
Differin, XP (adapalene)	Tetracycline
Erythromycin	Tretinoin
	Triclosan

## ANAESTHETICS

Ametop (tetracaine)	Marcaine (bupivacaine)
Anbesol (benzocaine)	Mepivacaine
Articaine	Naropin (ropivacaine)
Astracaine (articaine)	Nesacaine-CE (chloroprocaine)
Auralgan (benzocaine)	Novocaine (prilocaine)
Benzocaine	Polocaine (mepivacaine)
Bupivacaine	Pontocaine (tetracaine)
Carbocaine (mepivacaine)	Prilocaine
Chloroprocaine	Ropivacaine
Citanest (prilocaine)	Sensorcaine (bupivacaine)
Emla cream and patch (lidocaine)	Tetracaine
Lidocaine	Xylocaine (lidocaine)
Lidomax 5 (lidocaine)	

## ANALGESICS/ANTI-INFLAMMATORIES

222 Tablets (ASA, codeine)	Alka Seltzer (ASA, sodium bicarbonate, citric acid)
642 Tablets (propoxyphene)	Alka Seltzer Morning Relief (ASA, caffeine)
692 Tablets (propoxyphene, ASA)	Anacin, -Extra Strength (ASA)
Abenol (acetaminophen)	Anaprox (naproxen)
Acetaminophen	Ansaid (flurbiprofen)
Acetylsalicylic acid (ASA)	Apo-Diclo, -SR (diclofenac)
Advil (ibuprofen)	Apo-diflunisal



Apo-Etodolac (etodolac)  
 Apo-Keto, -E, -SR (ketoprofen)  
 Apo-Ketorolac  
 Apo-Mefenamic  
 Apo-Meloxicam  
 Apo-Napro-Na, -DS (naproxen)  
 Apo-Oxaprozin  
 Apo-Sulin (sulindac)  
 Apo-Tenoxicam  
 Arthritis pain extended relief (acetaminophen)  
 Arthrotec (diclofenac, misoprostol)  
 Asaphen, -EC (ASA)  
 Aspirin 81mg, Quick Chews (ASA)  
 Aspirin Night-Time (ASA, methocarbamol)  
 Atasol plain, -8, -15, -30, codeine (acetaminophen)  
 Bextra (valdecoxib)  
 Brexidol 20 (piroxicam)  
 Celebrex (celecoxib)  
 Coated Aspirin (ASA)  
 Codeine  
 Codeine Contin  
 Codeine Phosphate  
 Darvon-N (propoxyphene)  
 Daypro (oxaprozin)  
 Diclofenac  
 Disalcid (salsalate)  
 Emtec-30 (acetaminophen, codeine)  
 Entrophen (ASA)  
 Exdol-8, -15, -30 (acetaminophen, codeine)  
 Extra strength acetaminophen caplet  
 (acetaminophen)  
 Feldene (piroxicam)  
 Fexicam (piroxicam)  
 Fiorinal (ASA, butalbital, caffeine)  
 Fiorinal C1/4, -C1/2 (ASA, codeine, butalbital)  
 Froben, -SR (flurbiprofen)  
 Gen-nabumetone  
 Ibuprofen  
 Idarac (floctafenine)  
 Indotec (indomethacin)  
 Lyrica (pregabalin)  
 Mersyndol with codeine (acetaminophen, codeine,  
 doxylamine)  
 Mobicox (meloxicam)  
 Motrin IB (ibuprofen)  
 MSD Enteric Coated ASA (ASA)  
 Nalfon (fenoprofen)  
 Naprosyn (naproxen)  
 Naxen (naproxen)  
 Novasen (ASA)  
 Novo-5 ASA (ASA)  
 Novo-Flurprofen (flurbiprofen)  
 Novo-Gesic C8, -C15, -C30 (acetaminophen,  
 caffeine, codeine)  
 Novo-Keto, -EC (ketoprofen)  
 Novo-Methacin (indomethacin)  
 Novo-Naprox, -SR, -Sodium, -Sodium DS  
 (naproxen)  
 Novo-Pirocam (piroxicam)  
 Novo-Profen (ibuprofen)  
 Novo-Sundac (sulindac)  
 Novo-Tiaprofenic  
 Novo-Tenoxicam  
 Nu-Diclo, -SR (diclofenac)  
 Nu-Indo (indomethacin)  
 Nu-Naprox (naproxen)  
 Nu-Pirox (piroxicam)  
 Orafen (ketoprofen)  
 Orudis SR (ketoprofen)  
 Oruvail (ketoprofen)  
 Phenaphen with codeine (ASA, codeine,  
 phenobarbital)  
 PMS-Naproxen EC  
 Ponstan (mefenamic acid)  
 Prexige (lumiracoxib)  
 Pyridium (phenazopyridine)  
 Ralivia (tramadol)  
 Ratio-Benzylamine  
 Ratio-Codeine  
 Ratio-Flurbiprofen  
 Ratio-Indomethacin  
 Ratio-Lenoltec N° 1, 2 & 3 (acetaminophen, caffeine,  
 codeine)  
 Ratio-Lenoltec N° 4 (acetaminophen, codeine)  
 Rhodis, -EC, -SR (ketoprofen)  
 Sandoz-nabumetone  
 Surgam, -SR (tiaprofenic acid)  
 Synflex, -DS (naproxen)  
 Taminol Caplets (acetaminophen)  
 Toradol (ketorolac)  
 Tramacet (acetaminophen, tramadol)  
 Triatec-8, -8 strong (acetaminophen, codeine)  
 Triatec-30 (acetaminophen, codeine)



Tridural (tramadol)  
 Trilisate (choline salicylate, magnesium salicylate)  
 Tylenol plain (acetaminophen)  
 Tylenol Aches and Strains (acetaminophen, chlorzoxazone)  
 Tylenol Elixir with codeine (acetaminophen, codeine)  
 Tylenol Ultra Relief (acetaminophen, caffeine)

Tylenol with codeine N°1, -N°1 Forte, -N°2, -N°3  
 (acetaminophen, caffeine, codeine)  
 Tylenol with codeine N°4 (codeine, acetaminophen)  
 Ultradol (Etodolac)  
 Voltaren (diclofenac)  
 Voltaren Rapide (diclofenac)  
 Zytram XL (tramadol)

#### ANTACIDS

Amphojel (aluminum)  
 Diovol (aluminum, magnesium)  
 Gaviscon (aluminum, sodium)  
 Gelusil (aluminum, magnesium)  
 Mylanta (aluminum, magnesium, simethicone)

Riopan (magaldrate)  
 Rolaid Antacid Tablets (magnesium, calcium)  
 Rolaid Ultra Strength Plus Gas  
 (calcium carbonate, simethicone)  
 TUMS Tablets (calcium)

#### ANTI-ANGINALS

Apo-ISDN (isosorbide 5-mononitrate)  
 Cardizem, -SR, -CD (diltiazem)  
 Cedocard-SR (isosorbide 5-mononitrate)  
 Chronovera (verapamil)  
 Covera-HS (verapamil)  
 Diltiazem  
 Imdur (isosorbide 5-mononitrate)  
 Ismo (isosorbide 5-mononitrate)  
 Isoptin (verapamil)  
 Isordil (isosorbide 5-mononitrate)  
 Minitran (nitroglycerin)  
 Nitro-Dur (nitroglycerin)

Nitrolingual Pumpspray (nitroglycerin)  
 Nitrong SR (nitroglycerin)  
 Nitrostat (nitroglycerin)  
 Norvasc (amlodipine)  
 Novo-Nifedin (nifedipine)  
 Novo-Veramil, SR (verapamil)  
 Nu-Diltiaz, -CD (diltiazem)  
 Nu-Nifed (nifedipine)  
 Nu-Verap (verapamil)  
 Transderm-Nitro (nitroglycerin)  
 Tinipatch (nitroglycerin)

#### ANTIARRHYTHMICS

Adenocard (adenosine)  
 Amiodarone Hydrochloride for I.V. infusion  
 Apo-Procaïnamide  
 Apo-Quinidine  
 Biquin Durules (quinidine)  
 Bretylium Tosylate Injection USP  
 Cardioquin (quinidine)  
 Cardizem injectable (diltiazem)  
 Cordarone (amiodarone)  
 Isoptin (verapamil)  
 Mexitil (mexiletine)

Novo-Mexiletine  
 Novo-Veramil, -SR (verapamil)  
 Nu-Verap (verapamil)  
 Procan, -SR (procainamide)  
 Quinidine  
 Ratio- Amiodarone  
 Rythmodan, -LA (disopyramide)  
 Rythmol (propafenone)  
 Tiazac XC (diltiazem)  
 Tambocor (flecainide)



## ANTI-ASTHMATICS/BRONCHIAL ANTI-INFLAMMATORIES

Accolate (zafirlukast)	Intal (sodium cromoglycate)
Aminophylline (theophylline)	Novo-Theophyl-SR (theophylline)
Apo-Cromolyn Sterules (cromolyn sodium)	Singulair (montelukast)
Apo-Ipravent (ipratropium)	Theo-Bronc (theophylline, guaifenesin, mepyramine)
Apo-oxtripylline (theophylline)	Theochron SR (theophylline)
Apo-Theo LA (theophylline)	Theo-Dur (theophylline)
Atrovent (ipratropium)	Tilade (nedocromil)
Choledyl (oxtriphylline)	Xolair (omalizumab)
Choledyl Expectorant (oxtriphylline, guaifenesin)	

## ANTIBIOTICS/ANTIBACTERIALS

<i>All antibiotics are permitted</i>	Cefoxitin
Ampicillin	Ceftin (cefuroxime axetil)
Amikacin	Ceftriaxone for injection UPS (CEFTRIAZONE)
Apo-Amoxi (amoxicillin)	Ceptaz (ceftazidime)
Apo-Amoxi-Clav (amoxicillin/clavulanate potassium)	Ceporacin (cephalothin)
Apo-Ampi (ampicillin)	Chloromycetin injection (cloramphenicol)
Apo-Cefaclor	Ciloxan (ciprofloxacin)
Apo-Cefadroxil	Ciprofloxacin, injection USP
Apo-Cefprozil	Claforan (cefotaxime)
Apo-Cephalex (cephalexin)	Clarithromycin
Apo-Cloxi (cloxacillin)	Clavulin (amoxicillin, clavulanate potassium)
Apo-Cefuroxime	Clindasol (clindamycin)
Apo-Clarithromycin	Cloxacillin
Apo-Doxy (doxycycline)	Colistimethate for injection (sodium colistimethate)
Apo-Erythro-Base, -EC, -S, -ES (erythromycin)	Coly-Mycin M parental (sodium colistimethate)
Apo-Metronidazole	Coptin (sulfadiazine, trimethoprim)
Apo-Nitrofurantoin	Crystapen (penicillin)
Apo-Norflox (norfloxacin)	Dalacin (clindamycin)
Apo-Oflox (ofloxacin)	Declomycin (demeclocycline)
Apo-Pen VK (penicillin)	Doxylin (doxycycline)
Apo-Sulfatrim (trimethoprim, sulfamethoxazole)	Doxytec (doxycycline)
Apo-Tetra (tetracycline)	Duricef (cefadroxil)
Apo-Trimethoprim	EES (erythromycin)
Avelox (moxifloxacin)	Enca (minocycline)
Avlosulfon (dapson)	Erybid (erythromycin)
Azithromycin	Eryc (erythromycin)
Baciject (bacitracin)	Erythrocin, -IV (erythromycin)
Bacitracin	Erythromid (erythromycin)
Biaxin (clarithromycin)	Factive (gemifloxacin)
Ceclor (cefaclor)	Florazole (metronidazole)
Cefazolin	Floxin (ofloxacin)
Cefizox (ceftizoxime)	Fortaz (ceftazidime)
Cefotan (cefotetan)	Fucidin, -IV (sodium fusidate)



Gentamycin Injection USP	Novo-Trimel (trimethoprim, sulfamethoxazole)
Gen-Clarithromycin	Nu-tetra (tetracycline)
Gentamycin Sulfate Injection	Nyaderm (nystatin)
Humatin (paromomycin)	PCE (erythromycin)
Keflex	Penicillin
Kefurox (cefuroxime)	Penglobe (bacampicillin)
Ketek (telithromycin)	PHL-Doxycycline
Levaquin (levofloxacin)	Pipracil (piperacillin)
Lincocin (lincomycin)	PMS-Clarithromycin
Macrobid (nitrofurantoin)	PMS-Minocycline
Macrodantin (nitrofurantoin)	PMS-Polytrimethoprim (trimethoprim, sulfamethoxazole)
Mandelamine (methamine)	Pondocillin (pivampicillin)
Maxipime (cefepime)	Primaxin (imipenem, cilastatin)
Mefoxin (cefoxitin)	PVF K (penicillin)
Merrem (meropenem)	Rocephin (ceftriaxone)
Metronidazole Injection	Rovamycine (spiramycin)
Minocin (minocycline)	Selexid (pivmecillinam)
Mupirocin	Sepra Injection (trimethoprim, sulfamethoxazole)
Mycobutin (rifabutin)	Streptomycin Sulfate
Nadopen-V (penicillin)	Suprax (cefexime)
Nebcin (tobramycin)	Synercid (quinupristin, dalfopristin)
Neg Gram (nalidixic acid)	Tazidime (ceftazidime)
Norfloxacin	Tazocin (piperacillin, tazobactam)
Novamoxin (amoxicillin)	Tygacil (Tigecycline)
Novo-Furatoin (nitrofurantoin)	Timentin (ticarcillin)
Novo-Levofloxacin	Tobramycin sulphate injection USP
Novo-Lexin (cephalexin)	Zithromax (azithromycin)
Novo-Pen-VK (penicillin)	Z-Pak (zithromax, azithromycin)
Novo-Rythro Encap (erythromycin)	

#### ANTICONVULSANTS

Apo-Carbamazepine	Epject I.V. (valproic acid)
Apo-Clonazepam	Frisium (clobazam)
Apo-Divalproex	Keppra (levetiracetam)
Apo-Gabapentin	Lamictal (lamotrigine)
Apo-Lamotrigine	Levetiracetam
Apo-Primidone	Lorazepam
Ativan (lorazepam)	Neurontin (gabapentin)
Celontin (methsuximide)	Novo-Carbamaz (carbamazepine)
CO-Topiramate	Phenobarbital
Cerebyx (fosphenytoin)	PHL-Divalproex (valproic acid)
Clonapam (clonazepam)	PMS-Levetiracetam
Depakene (valproic acid)	Ratio-Valproic (valproic acid)
Diazepam	Taro-Phenytoin
Dilantin (phenytoin)	Tegretol (carbamazepine)
Epival (valproic acid)	Topamax (topiramate)



Valium Roche (Diazepam)

Zarontin (ethosuximide)

## ANTIDEPRESSANTS

Amineptine  
 Anafranil (clomipramine)  
 Apo-Amitriptyline  
 Apo-Clomipramine  
 Apo-Desipramine  
 Apo-Doxepin  
 Apo-Fluoxetine  
 Apo-Fluvoxamine  
 Apo-Imipramine  
 Apo-Moclobemide  
 Apo-Paroxetine  
 Apo-Nortriptyline  
 Apo-Sertraline  
 Apo-Trazodone  
 Apo-Trimip (trimipramine)  
 Asendin (amoxapine)  
 Aventyl (nortriptyline)  
 Celexa (citalopram hydrobromide)  
 Cipralext (escitalopram)  
 Desyrel (trazodone)  
 Effexor XR (venlafaxine)  
 Elavil (amitriptyline)  
 Etafron (amitriptyline, perphenazine)

Ludiomil (maprotiline)  
 Luvox (fluvoxamine)  
 Manerix (moclobemide)  
 Mirtazapine  
 Nardil (phenelzine)  
 Norpramin (desipramine)  
 Norventyl (nortriptyline)  
 Novo-Bupropion SR  
 Novo-Maprotiline  
 Novo-Tripamine (trimipramine)  
 Novo-venlafaxine XR (venlafaxine)  
 Parnate (tranylcypromine)  
 Paxil (paroxetine)  
 Prozac (fluoxetine)  
 Ran-Citalo (citalopram)  
 Rhotrimine (trimipramine)  
 Remeron (mirtazapine)  
 Sinequan (doxepin)  
 Tofranil (imipramine)  
 Triptil (protriptyline)  
 Wellbutrin-SR (bupropion)  
 Zoloft (sertraline)

## ANTIDIABETICS

Albert Glyburine  
 Avandia (rosiglitazone)  
 Avandaryl (glimepiride, rosiglitazone)  
 Diabinese (chlorpropamide)  
 DiaBeta (glyburide)  
 Diamicon (gliclazide)  
 Euglucon (glyburide)  
 Glimepiride

GlucNorm (repaglinide)  
 Glumetza (metformin)  
 Glucobay (acarbose)  
 Glucophage (metformin)  
 Sandoz- Glimepiride  
 Sulfonylureas (chlorpropamide, gliclazide,  
 glimepiride, glyburide, tolbutamide)

## ANTIDIARRHEALS

Apo-Doxy (doxycycline)  
 Bacid (lactobacillus)  
 DDAVP (desmopressin acetate)  
 Gastrolytes (electrolytes, dextrose)  
 Imodium (loperamide)  
 Imodium Advanced (loperamide, simethicone)  
 Kaopectate (attapulgit)

Lomotil (diphenoxylate)  
 Loperacap (loperamide)  
 Maalox (aluminum, magnesium, simethicone)  
 Novo-Cholamine, -Light (cholestyramine resin)  
 Pepto Bismol (bismuth subsalicylate)  
 PHL-Loperamide (loperamide)



## ANTIFUNGALS

Antibiotics	Micatin (miconazole)
Amphotec (amphotericin B)	Monistat (miconazole)
Apo-Ketoconazole	Mycamine (micafungin sodium)
Cancidas (casposfungin acetate)	Mycostatin (nystatin)
Candistatin (nystatin)	Nizoral (ketoconazole)
Canesten (clotrimazole)	Nyaderm (nystatin)
Dequadin Oral Paint (dequalinium)	Oxizole (oxiconazole)
Diflucan, –150 (fluconazole)	Ratio-Nystatin
Ecostatin (econazole)	Spriafile (posaconazole)
Fluconazole	Sporanox (itraconazole)
Fulvicin U/F (griseofulvin)	Terbinafine
Fungizone (amphotericin)	ZeaSORB (chloroxylone)
Lamisil (terbinafine)	ZeaSORB AF (tolnaftate)
Loprox (ciclopirox)	

## ANTI-HISTAMINICS

<i>See also Cough and Cold Preparations and Decongestants</i>	Claritin plain (loratadine)
Actifed Tablets (triprolidine, pseudoephedrine)	Claritin Allergy and Sinus (loratadine, pseudoephedrine)
Aerius (desloratadine)	Coricidin (chlorpheniramine, ASA)
Allegra 12h, 24h (fexofenadine)	Diphenhydramine
Allegra D (fexofenadine, pseudoephedrine)	Dristan, Extra Strength (acetaminophen, pheniramine, phenylephrine)
Allernix (diphenhydramine)	Drixoral (dextbrompheniramine, pseudoephedrine)
Allerdyl (diphenhydramine)	Emadine (emedastine)
Apo-Cetirizine	Liberator (loratadine, pseudoephedrine)
Apo-Loratadine	Loratadine
Atarax (hydroxyzine)	Optimine (azatadine)
Benadryl (diphenhydramine)	Panectyl (trimeprazine)
Benadryl Allergy/Sinus/Headache (acetaminophen, diphenhydramine, pseudoephedrine)	Periactin (cyproheptadine)
Benadryl Extra Strength Nighttime (diphenhydramine)	Phenergan tablets (prometazine)
Brompheniramine	Promethazine Hydrochloride Injection USP
Caladryl (calamine, diphenhydramine)	Reactine (cetirizine)
Chlorpheniramine	Sinutab Sinus and Allergy, Extra Strength (acetaminophen, chlorpheniramine, pseudoephedrine)
Chlor-Tripolon (chlorpheniramine)	Vaponefrin (epinephrine)
Chlor-Tripolon Decongestant (chlorpheniramine, pseudoephedrine)	Zaditen (ketotifen)
Chlor-Tripolon ND (loratadine, pseudoephedrine)	Zyrtec (cetirizine)

## ANTI-HYPERTENSIVES

Adalat (nifedipine)	Apo-Diltiaz
Altace (ramipril)	Apo-Hydralazine
Apo-Benazepril	Apo-Methyldopa
Apo-Clonidine	Apo-Nifed PA (nifedipine)



APO-Perindopril	Monopril (fosinopril)
Apo-Ramipril (ramipril)	Nifedipine PA
Apo-Verap (verapamil)	Nipride (sodium nitroprusside)
Apresoline (hydralazine)	Novo-Hylazin (hydralazine)
Atacand (candesartan cilexetil)	Novo-Ramipril
Avapro (irbesartan)	Novo-Veramil, -SR (verapamil)
Capoten (captopril)	Nu-Capto (captopril)
Catapres (clonidine)	Nu-Diltiaz-CD (diltiazem)
Chronovera (verapamil)	Nu-Hydral (hydralazine)
CO Cilazapril	Nu-Prazo (prazosin)
Coversyl (perindopril)	Nu-Verap (verapamil)
Cozaar (losartan)	Plendil (felodipine)
Diovan (valsartan)	Prinivil (lisinopril)
Hyperstat IV Injection (diazoxide)	Ratio-Captopril
Inhibace (cilazapril)	Ran-Fosinopril
Isoptin (verapamil)	Ratio-Lisinopril
Loniten (minoxidil)	Sandoz- Enalapril
Lotensin (benazepril)	Sandoz-Ramipril
Mavik (trandolapril)	Verelan (verapamil)
Micardis (telmisartan)	Zestril (lisinopril)
Minipress (prazosin)	

#### ANTI-INFLAMMATORIES

*All non-steroidal anti-inflammatories are permitted*

Apo-Nabumetone	Pamprin Ibuprofen Formula (ibuprofen)
Apo-Phenylbutazone	Pentasa (5-ASA)
Asacol (5-ASA)	Plaquenil (hydroxychloroquine)
Dipentum (olsalazine)	Quintasa (5-ASA)
Indocid P.D.A. (indomethacine)	Ratio-Sulfasalazine
Indocin (indomethacine)	Relafen (nabumetone)
Mesasal (ASA enteric coated)	Salazopyrin, En-Tabs (sulfasalazine)
Mezavant (mesalazine)	Salofalk (5-ASA)
Naprelan (naproxen)	Viva ASA (ASA)

#### ANTIMIGRAINE

Amerge (naratriptan)	Migranal (dihydroergotamine)
Cafegot, -PB (belladonna)	Ratio-Tecnal (ASA, butalbital)
Dihydroergotamine (DHE)	Ratio-Tecnal –C1/4, -C1/2 (ASA, butalbital, codeine)
Ergodryl (ergotamine)	Sandomigran, -DS (pizotifen)
Ergomar (ergotamine)	Sansert (methylsergide)
Fiorinal (ASA, butalbital)	Sumatriptan
Fiorinal –C1/4, -C1/2 (ASA, codeine, butalbital)	Topiramate
Gravergol (ergotamine, dimenhydramine)	Trianal –C1/4, -C1/2 (ASA, codeine, butalbital)
Imitrex (sumatriptan)	Zomig (zolmitriptan)
Maxalt, -RPD (rizatriptan)	
Megral (ergotamine, cyclizine)	



## ANTINAUSEANTS/ANTIEMETICS

Anzemet (dolasetron)	Gravol (dimenhydrinate)
Apo-Dimenhydrinate	Kytril (granisetron)
Apo-Metoclopramide (metoclopramide)	Metoclopramide Hydrochloride Injection
Biltricide (praziquantel)	Metoclopramide Omega Injection
Bonamine (meclizine)	Ondansetron
Dimenhydrinate (suppositories, injection)	Vermox (mebendazole)
Dimenhydrinate Injection, -USP	Zofran, -ODT (ondansetron)
Emend, Tri-Pack (aprepitant)	

## ANTIPARASITIC

*ANTHELMINTICS*

Combantrin (pyrantel pamoate)  
Entacyl (piperazine)

*ANTIPROTOZOALS*

Flagyl (metronidazole)  
Florazole (metronidazole)  
Meproon (atovaquone)  
Pentacarinat (pentamidine)

*ANTIMALARIALS*

Daraprim (pyrimethamine)  
Lariam (mefloquine)  
Malarone (atovaquone)  
Paludrine (proguanil)  
Plaquenil (hydroxychloroquine)  
Primaquine  
Quinine Sulfate

## ANTISPASMODICS

Albert Oxybutynin	Kemadrin (procyclidine)
Apo-Oxybutynin	Levsin (hyoscyamine)
Apo-Temazepam	Lomine (dicyclomine)
Apo-Trihex (trihexyphenidyl)	Modulon (trimebutine)
Bentylol (dicyclomine)	Oxybutyn (oxybutynin)
Buscopan (hyoscine)	Unidet (tolterodine-tartrate)
Detrol (tolterodine)	Uromax (oxybutynin)
Ditropan (oxybutynin)	Urispas (flavoxate)
Formulex (dicyclomine)	Vesicare (solifenacin)
Ipratropium	

## ANTIPSYCHOTICS

Apo-Clozapine	Loxapine
Apo-Methoprazine (methotrimeprazine)	Majeptil (thiopropazine)
Apo-Peram (perphenazine)	Methotrimeprazine
Apo-Prochlorazine	Navane (thiotixene)
Apo-Risperidone	Nozinan INJ (methotrimeprazine)
Chlorpromazine	Novo-Mepazine (methotrimeprazine)
Clopixol, - Acuphase (zuclopenthixol)	Novo-Olanzapine
Clozaril (clozapine)	Novo-Peridol (haloperidol)
Fluphenazine	Novo-Trifluazine (Trifluoperazine)
Haloperidol	Nu-Prochlor (prochlorazine)
Loxapac IM Injection (loxapine)	Perphenazine



Piportil (pipotiazine)  
 PMS-Levazine (perphenazine)  
 Prochlorperazine Mesylate INJ  
 Promazine HCL INJ  
 Risperda, - Consta, -M (risperidone)

Risperidone  
 Terfluzine (Trifluoperazine)  
 Trifluoperazine  
 Seroquel, -XR (quetiapine)  
 Zyprexa; -Zydis (olanzapine)

#### ANTIVIRALS

Acyclovir  
 Apo-famciclovir  
 Atripla (emtricitabine, efavirenz, tenofovir disoproxil fumarate )  
 Beraclude  
 Combivir (lamivudine, zidovudine)  
 Cytovene (ganciclovir)  
 Denavir (penciclovir)  
 DPT Polio  
 DT Polio  
 Famvir (famciclovir)  
 Flu vaccine  
 Gammagard Liquid (immune globulin human)  
 Gardasil (HPV vaccine)  
 Hepagam B (hepatitis B immune globulin human)

Herplex-D (idoxuridine)  
 Immunization Injections (Hepatitis, polio, typhoid, tetanus)  
 Relenza (zanamivir)  
 Reyataz (atazanavir)  
 Sandoglobulin NF Liquid (immune globulin - human)  
 Sandoz-Trifluridine  
 Symmetrel (amantadine)  
 Tamiflu (oseltamivir)  
 Twinrix  
 Valtrex (valacyclovir)  
 Virazole (ribavirin)  
 Vivaglobin (immunoglobulin B - human)  
 Zovirax Oral (acyclovir)

#### ANXIOLYTICS/SEDATIVES

Apo-Buspirone  
 Apo-Chlorax (chlordiazepoxide)  
 Apo-Clorazepate  
 Apo-Diazepam  
 Apo-Hydroxyzine  
 Apo-Zopiclone  
 Atarax (hydroxyzine)  
 Ativan (lorazepam)  
 BuSpar (buspirone)  
 Buspirex (buspirone)

Bustab (buspirone)  
 Diazemuls (diazepam)  
 Effexor XR (venlafaxine)  
 Imovane (zopiclone)  
 Librax (chlordiazepoxide)  
 Lorazepam  
 Ratio-Alprazolam  
 Serax (oxazepam)  
 Starnoc (zaleplon)  
 Valium Roche Oral (diazepam)

#### CHOLESTEROL

Advicor (nicotinic acid, lovastatin)  
 Fenomax (fenofibrate)  
 Lipitor (atorvastatin)

Ran-Pravastatin (pravastatin sodium)  
 Sandroz- Fenofibrate (fenofibrate)

#### CONTRACEPTIVES

##### *Permitted in females only*

Alesse 21, -28 (ethinyl estradiol, levonorgestrel)  
 Brevicon 0.5/35, -1/35 (ethinyl estradiol, norethindrone)  
 Cyclen (ethinyl estradiol, norgestimate)

Demulen-30 (ethinyl estradiol, ethynodiol diacetate)  
 Diane 35 (ethinyl estradiol, cyproterone acetate)  
 Ethinyl Estradiol



Evra (ethinyl estradiol, norelgestromin)  
 Levonorgestrel  
 Linessa 21, 28 (desogestrel, ethinyl estradiol)  
 Marvelon (ethinyl estradiol, desogestrel)  
 Min-Ovral 21, -28 (ethinyl estradiol, levonorgestrel)  
 Mirena (levonorgestrel)  
 Norethidrone  
 NuvaRing (ethinyl estradiol, etonogestrel)  
 Ortho 1/35, -0.5/35, -7/7/7 35 (ethinyl estradiol, norethidrone)

Plan B (levonorgestrel)  
 Portia 21, 28 (ethinyl estradiol, levonorgestrel)  
 Select 1/35 (ethinyl estradiol, norethidrone)  
 Synphasic (ethinyl estradiol, norethidrone)  
 Tri-cyclen, Low 21, -28 (ethinyl estradiol, norgestimate)  
 Triphasil 21, -28 (ethinyl estradiol, levonorgestrel)  
 Triquilar 21, -28 (ethinyl estradiol, levonorgestrel)  
 Yasmin 21, -28 (drospirenone, ethinyl estradiol)

#### COUGH AND COLD PREPARATIONS

*See also Antihistaminics, Decongestants and Lozenges*

Balminil Codeine + Decongestant + Expectorant (codeine, guaifenesin, pseudoephedrine)  
 Balminil Codeine Night-Time + Expectorant (codeine, diphenhydramine, ammonium chloride)  
 Balminil Cough & Flu (acetaminophen, dextromethorphan, guaifenesin, pseudoephedrine)  
 Balminil DM (dextromethorphan)  
 Balminil DM + Decongestant (dextromethorphan, pseudoephedrine)  
 Balminil DM + Expectorant (dextromethorphan, guaifenesin)  
 Balminil DM + Decongestant + Expectorant (dextromethorphan, guaifenesin, pseudoephedrine)  
 Balminil Expectorant (guaifenesin)  
 Benylin 1 All-In-One Cold and Flu Day Night combination pack (*Day*: acetaminophen, dextromethorphan, pseudoephedrine; *Night*: acetaminophen, pseudoephedrine, diphenhydramine)  
 Benylin All-In-One Cold and Flu Nighttime (acetaminophen, chlorpheniramine, dextromethorphan, guaifenesin, pseudoephedrine)  
 Benylin 4 Flu (acetaminophen, dextromethorphan, guaifenesin, pseudoephedrine)  
 Benylin DM (dextromethorphan)  
 Benylin DM-D (dextromethorphan, pseudoephedrine)  
 Benylin DM-D-E, Extra Strength (dextromethorphan, guaifenesin, pseudoephedrine)  
 Benylin DM-E, Extra Strength (dextromethorphan, guaifenesin)

Benylin E Extra Strength (guaifenesin)  
 Buckley's Congestion and Cough (guaifenesin, menthol)  
 Buckley's Cough, Cold & Flu Daytime Relief Extra Strength (acetaminophen, dextromethorphan, pseudoephedrine)  
 Buckley's DM (dextromethorphan, pseudoephedrine)  
 Calmylin with Codeine (codeine, guaifenesin, pseudoephedrine)  
 Cheracol (codeine, guaifenesin)  
 Chest congestion, cough & cold syrup; Extra Strength (guaifenesin, pseudoephedrine, dextromethorphan)  
 Codeine  
 Codeine Phosphate  
 Cold and allergy liquid (phenylephrine, brompheniramine)  
 Cold and flu relief syrup (pseudoephedrine, dextromethorphan, acetaminophen, guaifenesin)  
 Cold Syrup; Extra Strength (phenylephrine, brompheniramine)  
 Contac Cold – Nasal Congestion (acetaminophen, chlorpheniramine, phenylephrine, pseudoephedrine)  
 Contac Cold & Sore Throat, Extra Strength (acetaminophen, phenylephrine hydrochloride)  
 Contac Cold & Sore Throat, Nighttime Extra Strength (phenylephrine hydrochloride, chlorpheniramine maleate, acetaminophen)  
 Contac Complete (acetaminophen, chlorpheniramine, dextromethorphan, phenylephrine)  
 Contac Cough, Cold & Flu Day (acetaminophen, dextromethorphan, pseudoephedrine)



Contac Head & Chest Congestion (guaifenesin, pseudoephedrine)	Neo Citran Thin Strips Nighttime Cough and Cold (phenylephrine, diphenhydramine)
Cophylac (normethadone, hydroxyephedrine)	Neo Tuss (chlorpheniramine, dextromethorphan, guaifenesin, phenylephrine)
Dayquil (acetaminophen, dextromethorphan, pseudoephedrine)	Nighttime Extra Strenght Contac Cold & Sore Throat (acetaminophen, chlorpheniramine, phenylephrine)
Delsym (dextromethorphan)	Novahistex DH (hydrocodone, phenylephrine)
Dextromethorphan	Phenylephrine
Dimetane Expectorant-C (brompheniramine, codeine, guaifenesin, phenylephrine)	Pseudoephedrine
Dimetapp Cold Liquid (brompheniramine, phenylephrine)	Ratio-Coristex DH (phenylephrine, hydrocodone)
Dimetapp Cold Liquid Dye-Free (brompheniramine, phenylephrine)	Ratio Cotridin (tripolidine, pseudoephedrine, codeine)
Dimetapp-C Syrup (brompheniramine, codeine, phenylephrine)	Ratio Cotridin Expextorant (tripolidine, pseudoephedrine, codeine, guaifenesin)
Dimetapp Cough & Congestion Liquid (dextromethorphan, guaifenesin, pseudoephedrine)	Robitussin, Extra Strength (guaifenesin)
Dimetapp Daytime Cold, Extra Strength (acetaminophen, pseudoephedrine)	Robitussin Honey Cough & Cold (dextromethorphan, pseudoephedrine)
Dimetapp DM Cough & Cold Liquid (brompheniramine, dextromethorphan, phenylephrine)	Robitussin Honey Cough DM (dextromethorphan)
Dimetapp DM Cough & Cold Liquid Dye-free (brompheniramine, dextromethorphan, phenylephrine)	Robitussin Honey Flu (acetaminophen, dextromethorphan, pseudoephedrine)
Dimetapp Nighttime Cold, Extra Strength (acetaminophen, chlorpheniramine, phenylephrine)	Robitussin Cough & Cold, Liqui-Gels, Extra Strength (dextromethorphan, guaifenesin, pseudoephedrine)
DM Cough and cold liquid: (phenylephrine, bromphetamine, dextromethorphan)	Robitussin Cough, Cold & Flu Liqui-Gels (acetaminophen, dextromethorphan, guaifenesin, pseudoephedrine)
DM Cough and cold syrup; Extra Strength (phenylephrine, bromphetamine, dextromethorphan)	Robitussin DM, Extra Strength (dextromethorphan, guaifenesin)
Dry cough syrup (dextromethorphan)	Sinutab Sinus Non Drowsy (acetaminophen, pseudoephedrine)
Extra Strenght Contac Cold & Sore Throat (phenylephrine, acetaminophen)	Sudafed Cold & Cough Extra Strength (acetaminophen, dextromethorphan, pseudoephedrine)
Formula 44 D (dextromethorphan, pseudoephedrine)	Sudafed Cold & Flu (acetaminophen, dextromethorphan, guaifenesin, pseudoephedrine)
Guaifenesin	Sudafed Head Cold & Sinus Extra Strength (acetaminophen, pseudoephedrine)
Histenol II (guaifenesin, dextromethorphan, phenylephedrine, acetaminophen)	Total Cold and Flu,- Extra Strength (pseudoephedrine, dextromethorphan, acetaminophen, guaifenesin)
Hycodan (hydrocodone)	Triaminic Cold & Cough (chlorpheniramine, dextromethorphan, pseudoephedrine)
Hycomine, -S (hydrocodone, phenylephrine)	Triaminic Cold, Cough & Fever (acetaminophen, chlorpheniramine, dextromethorphan, pseudoephedrine)
Hydrocodone	Triaminic Cold & Night Time Cough (chlorpheniramine, dextromethorphan, pseudoephedrine)
Koffex DM (dextromethorphan)	
Neo Citran, Extra Strength (acetaminophen, pheniramine, phenylephrine)	
Neo Citran Thin Strips Cough and Cold (dextromethorphan, phenylephrine)	



- Triaminic Cough & Congestion (dextromethorphan, pseudoephedrine)
- Triaminic Cough & Sore Throat (acetaminophen, dextromethorphan, pseudoephedrine)
- Triaminic Nighttime cough and cold (phenylephrine, diphenhydramine)
- Triaminic Softchews Cold & Cough (chlorpheniramine, dextromethorphan, pseudoephedrine)
- Triaminic Softchews Throat Pain & Cough (acetaminophen, dextromethorphan, pseudoephedrine)
- Triaminic Vapor Patch (camphor, menthol, eucalyptus oil)
- Tylenol cold and flu daytime (dextromethorphan, acetaminophen, phenylephrine)
- Tylenol cold and flu nighttime (dextromethorphan, acetaminophen, phenylephrine, doxylamine)
- Tylenol Cold Caplets (Daytime), - Extra Strength (acetaminophen, dextromethorphan, pseudoephedrine)
- Tylenol Cold Caplets Nighttime, Extra Strength (acetaminophen, chlorpheniramine, dextromethorphan, pseudoephedrine)
- Tylenol Cough (acetaminophen, dextromethorphan)
- Tylenol Decongestant (acetaminophen, pseudoephedrine)
- Tylenol Flu (acetaminophen, dextromethorphan, pseudoephedrine)

#### CREAMS/OINTMENTS/LOTIONS/BALMS/SPRAYS

- Benadryl Itch Relief Stick, -Spray (zinc acetate, diphenhydramine)
- Bengay Arthritis Extra Strength (methyl salicylate, menthol)
- Bengay Ice Extra Strength (menthol)
- Bengay Muscle Pain Regular Strength (methyl salicylate, menthol)
- Bengay Muscle Pain Ultra Strength (methyl salicylate, menthol, camphor)
- Capsaicin
- Caribbean Breeze Burn Relief (lidocaine)
- Clinda-T (clindamycin)
- Clotrimaderm (clotrimazole)
- Dermatix Fitocream (extract of *T. vulgare*)
- Dermatix Si Gel (polyliioxane, silicone dioxide)
- Elidel (pimecrolimus)
- Fucidin (fusidic acid)
- Garamycin Topical Preparations
- Gentamycin Sulfate
- Ketoderm (ketokonazole)
- Lidosporin Cream (polymyxin B, gramicidin, lidocaine)
- MetroCream (metronidazole)
- MetroGel (metronidazole)
- Myoflex, deep therapy (triethanolamine salicylate)
- Neosporin Ointment (polymyxin B)
- Neotopic (polymyxin B, neomycin)
- Noritrate (metronidazole)
- Ozonol Preparations (Polymyxin B sulphate, bacitracin, lidocaine)
- Pennsaid (diclofenac)
- Polysporin Complete Antibiotic Ointment (bacitracin, gramicidin, lidocaine, polymyxin)
- Polysporin Lip Treatment (pramoxine, allantoin)
- Polysporin Preparations (polymyxin B, gramicidin or bacitracin)
- Polysporin Plus Pain Relief Cream (polymyxin B, gramicidin, lidocaine)
- Prevex (petrolatum)
- Psoriasis Ointment (coal tar)
- Raptiva (efalizumab)
- Ratio-Gentamicin
- Sarna-P (pramoxine)
- Spectro Gram "2" (chlorhexidine)
- Sun-Benz (benzylamine)
- Tantum (benzylamine)
- Teejel (choline salicylate)
- Zovirax Cream, Ointment (acyclovir)

#### DECONGESTANTS

- See also Antihistaminics and Cough and Cold Preparations*
- Advil Cold and Sinus (ibuprofen, pseudoephedrine)

- Advil Cold and Sinus Nighttime (chlorpheniramine, ibuprofen, pseudoephedrine)
- Apo-Cromolyn Nasal Spray



Buckley's Sinus pain relief (acetaminophen, pseudoephedrine)	Otrivin Decongestant Nose Drops/Nasal Spray (xylometazoline)
Dayquil Sinus and Pain Relief (acetaminophen, pseudoephedrine)	Pseudoephedrine
Decongestant Nasal Mist/Spray (xylometazoline)	Rhinaris Lubricating (polyethylene, propylene)
Dristan Long Lasting Nasal Mist/Spray (oxymetazoline)	Rhinaris Saline Solution (sodium)
Dristan Nasal Mist/Spray, Mentholated (pheniramine, phenylephrine)	Salinex
Dristan ND, Extra Strength (acetaminophen, pseudoephedrine)	Salinol
Drixoral Decongestant Nasal Spray (oxymetazoline)	Secaris (carbowax, propylene)
Livostin Nasal Spray (levocabastine)	Sudafed Decongestant (pseudoephedrine)
Mydrin (phenylephrine)	Tylenol Decongestant (acetaminophen, pseudoephedrine)
Neo Citran Extra Strength Sinus (acetaminophen, phenylephrine)	Tylenol Sinus, Extra Strength (acetaminophen, pseudoephedrine)
	Vicks Sinez decongestant (oxymetazoline)
	Xylometazoline

## EYE/EAR

Alcomicin (gentamycin)	Liquifilm Tears
Alocril (nedocrimil sodium)	Livostin Eye Drops (levocabastine)
Alomide (Iodoxamide)	Naphcon (naphazoline)
Auralgan (antipyrine, benzocaine)	Naphcon-A (naphazoline, pheniramine)
Cetamide (sulfacetamide)	Naphcon Forte (naphazoline)
Cromolyn	Neosporin Preparations (polymyxin B)
Diochloram (chloramphenicol)	Noroxin Ophthalmic Solution (norfloxacin)
Diogent Ointment solution (gentamycin)	Ocufen (flurbiprofen)
Diomycin (erythromycin)	Ocuflox (ofloxacin)
Diopentolate (cyclopentolate)	Opticrom (sodium cromoglycate)
Diophenyl-T (phenylephrine, tropicamide)	Optimyxin, -Plus (polymyxin B)
Diosulf (sulfacetamide)	Patanol (olopatadine)
Diotrope (tropicamide)	Pentamycetin (chloramphenicol)
Duratears Naturale	Polycidin Eye/Ear Drops (polymyxin B, bacitracin)
Erythromycin	Polycidin Ophthalmic Ointment (polymyxin B, bacitracin)
Eyestil (sodium hyaluronate)	Polysporin (antibiotic)
Eye-Stream (salt solution)	Polytrim (trimethoprim, polymyxin B)
Garamycin Ophthalmic Otic Prep. (gentamicin)	Refresh Celluvisc (carboxymethylcellulose sodium)
Garasone Ophthalmic/Otic Prep. (gentamicin)	Refresh Lacri-Lube S.O.P. (white petrolatum, mineral oil, lanolin alcohols)
Garatec (gentamicin)	Refresh Plus Tears
Gentamicin Sulfate	Refresh Ultra (boric acid, castor oil, glycerin)
Genteal	Tobramycin
Genteal geldrops	Tobrex (tobramycin)
Hypotears Eye Ointment	Tomycine (tobramycin)
Hypotears Ophthalmic S/L	Visine Allergy Eye Drops (tetrahydrozoline, zinc sulfate)
Isopto Tears	Voltaren Optha (diclofenac)
Lacrinorm	VōSol (benzethonium chloride)
Lidosporin Ear Drops	
Lid-Pack	



Zymar (gatifloxacin)

#### GASTRIC ULCER

Apo-Cimetidine	Nu-Ranit (ranitidine)
Apo-Ranitidine	Panto IV (pantoprazole)
Axid (nizatidine)	Pantoloc (pantoprazole)
Carafate (sucralfate)	Pariet (rabeprazole)
Glycopyrrolate	Pepcid AC (famotidine)
Losec (omeprazole)	Pepcid, IV (famotidine)
Losec 1-2-3-A (omeprazole, amoxicillin, clarithromycin)	Prevacid (lansoprazole)
Losec 1-2-3-M (omeprazole, clarithromycin, metronidazole)	Pylorid (ranitidine)
Nizatidine	RAN-Rabeprazole
Nexium (esomeprazole)	Sandoz-Omeprazole
Novo-Famotidine (famotidine)	Tagamet (cimetidine)
Novo-Misoprostol	Ulcidine (famotidine)
Nu-Cimet (cimetidine)	Zantac, -Maximum strength non - prescription(ranitidine)

#### LAXATIVES

Apo-Bisacodyl	Maalox (aluminum, magnesium, simethicone)
Benefibre (soluble fibre)	Metamucil (psyllium hydrophilic)
Colace (docusate sodium)	Milk of magnesia USP (magnesium hydroxide)
Dulcolax (bisacodyl)	Normacol (sterculia)
Duphalac (lactulose crystals)	Novo-Mucilax (plantago seed)
Ex-lax (sennosides)	Phosphates Solution
Euro-docusate capsules (docusate sodium)	PHL-Docusate Sodium
Glycerin suppositories	PHL-Sennosides
Klean-Prep	PMS-Sennosides
Lansoÿl (mineral oil)	Senokot Preparation (sennosides)
Limonade Aseptia (sodium tartrate)	

#### LOZENGES (THROAT)

Antiseptic Throat Lozenges (hexylresorcinol)	Fisherman's Friend (menthol)
Bentasil Lozenges (anethole, menthol, eucalyptus)	Halls (eucalyptus oil, menthol)
Bradosol (4-hexylresorcinol)	Strepsils (hexylresorcinol)
Cepacol (cetylpyridinium)	Sucrets, Sucrets Complete (dyclonine)
Cepastat Lozenges (phenol)	Sucrets DM Cough Suppressant (dextromethorphan hydrobromide)
Dequadin Lozenges (dequalinium)	

#### MANIA THERAPY

<i>Lithium Salts</i>	Lithane
Carbolith	Lithium
Duralith	



## MUSCLE RELAXANT

282 MEP (ASA, meprobamate)	Norgesic, -Forte (orphenadrine, ASA)
Acetazone Forte (acetaminophen, chlorzoxazone)	Novo-cycloprine (cyclobenzaprine)
Acetazone C8 (acetaminophen, chlorzoxazone, codeine)	Nu-Baclo (baclofen)
Apo-Baclofen	Parafon Forte (acetaminophen and chlorzoxazone)
Apo-Cyclobenzaprine	Ratio-Baclofen
Aspirin Backache (ASA, methocarbamol)	Ratio-Cyclobenzaprine
Dantrium Capsules (dantrolene)	Robaxacet, -Extra Strength (methocarbamol, acetaminophen)
Flexeril (cyclobenzaprine)	Robaxin, -750 (methocarbamol)
Glycopyrrolate	Robaxisal, -Extra Strength (methocarbamol, ASA)
Lioresal (baclofen)	Robaxisal-C (methocarbamol, ASA, codeine)
Liotec (baclofen)	Soma (carisoprodol)
Methoxacet (methocarbamol, acetaminophen)	Tylenol Aches and Strains (acetaminophen, chlorzoxazone)
Methoxacet-C (methocarbamol, acetaminophen, codeine)	
Methoxisal (methocarbamol, ASA)	
Methoxisal-C (methocarbamol, ASA, codeine)	
Norflex (orphenadrine)	

## PREMENSTRUAL SYNDROME AND DYSMENORRHEA

Estrace (estradiol)	Midol Teen Complete (acetaminophen, caffeine, pyrilamine)
Midol Regular, -Traditional (ASA, caffeine)	Pamprin Ibuprofen Formula (ibuprofen)
Midol Extra Strength (acetaminophen, caffeine, pyrilamine)	PMS-Paroxetine (paroxetine)
Midol Night-time (methocarbamol, acetaminophen)	

## SEDATIVES

Apo-Alpraz (alprazolam)	PMS-Chloral Hydrate
Apo-Bromazepam	Restoril (temezepam)
Nembutal (pentobarbital)	Serax (oxazepam)
Novo-Alprazol (alprazolam)	Starnoc (zaleplon)
Nu-Alpraz (alprazolam)	Tranxene (clorazepate)
Nu-Loraz (lorazepam)	Unisom Extra Strength/Extra Strength Sleepgels (diphenhydramine)
Nytol plain, Extra Strength (diphenhydramine)	Valium Roche Oral (diazepam)
PHL-Lorazepam (lorazepam)	Xanax (alprazolam)
PHL-Temazepam (temazepam)	Zopiclone

## SMOKING CESSATION AIDS

Champix (varenicline)	Nicorette, -Plus (nicotine)
Habitrol (nicotine)	Nicotrol (nicotine)
Nicoderm (nicotine)	Zyban (bupropion)



## VAGINAL

AVC (sulphanilamide)	Micozole (miconazole)
Betadine (povidone iodine)	Monistat (miconazole)
Canesten Vaginal (clotrimazole)	Mycostatin Vaginal Cream (nystatin)
Clotrimaderm (clotrimazole)	Nidagel (metronidazole)
Dolacin Vaginal Cream (clindamycin)	Nilstat (nystatin)
Flagyl (metronidazole)	Nyaderm (nystatin)
Flagystatin (metronidazole, nystatin)	Taro-Terconazole
Gynecure (tioconazole)	Terazol (terconazole)

## OTHER VARIOUS MEDICATIONS

Actonel (risedronate)	Methotrexate
Amatine (midodrine)	Ostenil (sodium hyaluronate)
Arava (Leflunomide)	Parathormone (parathyroid)
Cialis (tadalafil)	Ran-Tamsulosin
Copaxone (glatiramer)	Rofact (rifampin)
Dicetel (pinaverium)	Sandoz Alendronate (Alendronate sodium)
Domperidone	Sandoz Tamsulosin
Dostinex (cabergoline)	Sebivo (telbivudine)
Duofilm (salicylic acid)	Seroquel XR (quetiapine fumarate)
Durolane (hyaluronic acid)	Sterixin 0.05% (chlorhexidine gluconate)
Eltroxin (levothyroxine)	Strattera (atomoxetine)
Enbrel (etanercept)	Synthroid (levothyroxine)
Euthyrox (levothyroxine)	Thyroid
Imuran (azathioprine)	Vaniqa (eflornithine)
Lipitor (atorvastatin)	Vinorelbine tartrate
Loxapine	Zelnorm (tegaserod)

## 2.0 The 2008 WADA Prohibited List

The World Anti-Doping Agency (WADA) seeks to foster a doping-free culture in sport. It combines the resources of sport and government to enhance, supplement and coordinate existing efforts to educate athletes about the harms of doping, reinforce the ideal of fair play and sanction those who cheat themselves and their sport.

WADA created the World Anti-Doping Program which encompasses all the elements needed in order to ensure optimal harmonization and best practice in international and national anti-doping programs. It includes three main elements: The Code, International Standards and Models of Best Practices.

The purposes of the World Anti-Doping Program and the World Anti-Doping Code are:

- To protect athletes' fundamental right to participate in doping-free sport and thus promote health, fairness and equality for athletes worldwide; and
- To ensure harmonized, coordinated and effective anti-doping programs at the international and national level with regard to detection, deterrence and prevention of doping.

International Standards are developed for different technical and operational areas within an anti-doping program and their purpose is harmonization among Anti-Doping Organizations (ADO), such as the CCES and International Sport Federations, responsible for specific technical and operational parts of anti-doping programs. The International Standard for the Prohibited List was developed by the WADA List and Health, Medical and Research Committees based on extensive input from Signatories (entities signing the Code and agreeing to comply with the Code) and governments.

The principal purpose of the WADA Prohibited List is to establish under the rules of the World Anti-Doping Code the substances and methods which are prohibited in sport.

The Code (4.3) states:

*4.3 WADA shall consider the following criteria in deciding whether to include a substance or method on the Prohibited List.*

*4.3.1. A substance or method shall be considered for inclusion on the Prohibited List if WADA determines that the substance or method meets any two of the following three criteria:*

*4.3.1.1. Medical or other scientific evidence, pharmacological effect or experience that the substance or method has the potential to enhance or enhances sport performance;*

*4.3.1.2. Medical or other scientific evidence, pharmacological effect or experience that the use of the substance or method represents an actual or potential health risk to the athlete;*

*4.3.1.3. WADA's determination that the use of the substance or method violates the spirit of sport described in the Introduction of the Code*

*4.3.2. A substance or method shall also be included on the Prohibited List if WADA determines there is medical or other scientific evidence, pharmacological effect or experience that the substance or method has the potential to mask the use of other Prohibited Substances and Prohibited Methods.*

*4.3.3. WADA's determination of the Prohibited Substances and Prohibited Methods that will be included on the Prohibited List shall be final and shall not be subject to challenge by an athlete or other person based on an argument that the substance or method was not a masking agent or did not have the potential to enhance performance, represent a health risk, or violate the spirit of sport.*

The following is extracted from 2008 WADA Prohibited List. It is divided in the following sections:

- Substances (S) and Methods (M) Prohibited at all times (In- and Out-of-Competition)
- Substances (S) and Methods (M) Prohibited In-Competition
- Substances Prohibited in Particular Sports
- Specified Substances
- The 2008 Monitoring Program.

For specific examples of Prohibited Substances, refer to Section 3.0.

Although most national sport governing bodies and international sport federations prohibit the use of substances and methods outlined by WADA, it is important to note that some of the Prohibited Substances may vary from sport to sport. It is the athlete's responsibility to know their sport's anti-doping regulations. In cases of uncertainty, it is recommended to check with the appropriate relevant governing body and/or international sport federations.

## SUBSTANCES (S) AND METHODS (M) PROHIBITED AT ALL TIMES (IN- AND-OUT-OF-COMPETITION)

### PROHIBITED SUBSTANCES

#### S1. Anabolic agents

Anabolic agents are prohibited.

##### 1. Anabolic Androgenic Steroids (AAS)

###### a) Exogenous<sup>1</sup> Anabolic Androgenic Steroids

Exogenous AAS and other substances with similar chemical structure or similar biological effect(s), including but not limited to those identified by “S1.1a”, are prohibited.

###### b) Endogenous<sup>2</sup> Anabolic Androgenic Steroids

Endogenous AAS as well as their metabolites and isomers, including but not limited to those identified by “S1.1b”, are prohibited.

Where an anabolic androgenic steroid is capable of being produced endogenously, a Sample will be deemed to contain such Prohibited Substance and an *Adverse Analytical Finding* will be reported where the concentration of such Prohibited Substance or its metabolites or markers and/or any other relevant ratio(s) in the Athlete's Sample so deviates from the range of values normally found in humans that it is unlikely to be consistent with normal endogenous production. A Sample shall not be deemed to contain a Prohibited Substance in any such case where an Athlete proves that the concentration of the Prohibited Substance or its metabolites or markers and/or the relevant ratio(s) in the Athlete's Sample is attributable to a physiological or pathological condition.

In all cases, and at any concentration, the Athlete's sample will be deemed to contain a Prohibited Substance and the laboratory will report an Adverse Analytical Finding if, based on any reliable analytical method (e.g., IRMS), the laboratory can show that the Prohibited Substance is of exogenous origin. In such case, no further investigation is necessary.

<sup>1</sup> Exogenous refers to a substance which is not ordinarily capable of being produced by the body naturally.

<sup>2</sup> Endogenous refers to a substance which is capable of being produced by the body naturally.

When a value does not so deviate from the range of values normally found in humans and any reliable analytical method (e.g. IRMS) has not determined the exogenous origin of the substance, but if there are indications, such as a comparison to endogenous reference steroid profiles, of a possible *Use of a Prohibited Substance*, or when a laboratory has reported a T/E ratio greater than four (4) to one (1) and any reliable analytical method (e.g. IRMS) has not determined the exogenous origin of the substance, further investigation shall be conducted by the relevant *Anti-Doping Organization* by reviewing the results of any previous test(s) or by conducting subsequent test (s).

When such further investigation is required the result shall be reported by the laboratory as atypical and not adverse. If a laboratory reports, using an additional reliable analytical method (e.g. IRMS), that the *Prohibited Substance* is of exogenous origin, no further investigation is necessary, and the *Sample* will be deemed to contain such *Prohibited Substance*. When an additional reliable analytical method (e.g. IRMS) has not been applied, and the minimum of three previous test results are not available, a longitudinal profile of the *Athlete* shall be established by performing three no-advance notice tests in a period of three months by the relevant *Anti-Doping Organization*. The result that triggered this longitudinal study shall be reported as atypical. If the longitudinal profile of the *Athlete* established by the subsequent tests is not physiologically normal, the result shall then be reported as an *Adverse Analytical Finding*.

In extremely rare individual cases, boldenone of endogenous origin can be consistently found at very low nanograms per millilitre (ng/mL) levels in urine. When such a very low concentration of boldenone is reported by a laboratory and any reliable analytical method (e.g., IRMS) applied has not determined the exogenous origin of the substance, further investigation may be conducted by a review of previous tests or by conducting subsequent test(s). For 19-norandrosterone, an Adverse Analytical Finding reported by a laboratory is considered to be scientific and valid proof of exogenous origin of the Prohibited Substance. In such case, no further investigation is necessary.

Should an Athlete fail to cooperate in the investigations, the Athlete's Sample shall be deemed to contain a Prohibited Substance.

## 2. Other Anabolic Agents

Other anabolic agents, including but not limited to:

- Clenbuterol, selective androgen receptor modulators (SARMs), tibolone, zeranol, zilpaterol (identified by "S1.2")

## S2. Hormones and related substances

The following substances and their releasing factors, are prohibited:

- Erythropoietin (EPO) (identified by "S2.1")
- Growth hormone (hGH), Insulin-like Growth Factors (e.g. IGF-1), Mechano Growth Factors (MGFs) (identified by "S2.2")
- Gonadotrophins (LH, hCG), prohibited in males only (identified by "S2.3")
- Insulin (identified by "S2.4")
- Corticotrophins (identified by "S2.5")
- And other substances with similar chemical structure or similar biological effect(s).

Unless the Athlete can demonstrate that the concentration was due to a physiological or pathological condition, a Sample will be deemed to contain a Prohibited Substance (as listed above) where the concentration of the Prohibited Substance or its metabolites and/or relevant

ratios or markers in the Athlete's Sample so exceeds the range of values normally found in humans so as not to be consistent with normal endogenous production.

If a laboratory reports, using a reliable analytical method, that the Prohibited Substance is of exogenous origin, the Sample will be deemed to contain a Prohibited Substance and shall be reported as an Adverse Analytical Finding.

### S3. Beta-2 Agonists

All Beta-2 agonists, including but not limited to those identified by "S3.", including their D- and L- isomers are prohibited.

As an exception, formoterol, salbutamol, salmeterol and terbutaline, when administered by inhalation, require an Abbreviated Therapeutic Use Exemption.

Despite the granting of any form of Therapeutic Use Exemption, a concentration of salbutamol (free plus glucuronide) greater than 1000 ng/mL will be considered an Adverse Analytical Finding unless the Athlete proves that the abnormal result was the consequence of the therapeutic use of inhaled salbutamol.

### S4. Hormone Antagonists and Modulators

The following classes are prohibited:

- Aromatase Inhibitors, including but not limited to those identified by "S4.1", are prohibited: anastrozole, letrozole, aminoglutethimide, exemestane, formestane, testolactone.
- Selective Estrogen Receptor Modulators (SERMs), including but not limited to those identified by "S4.2", are prohibited: raloxifene, tamoxifen, toremifene.
- Other anti-estrogenic substances, including but not limited to those identified by "S4.3", are prohibited: clomiphene, cyclofenil, fulvestrant.
- Agents modifying myostatin function(s) including but not limited to: myostatin inhibitors.

### S5. Diuretics and Masking Agents

Masking agents are prohibited. They include:

**Diuretics, epitestosterone, probenecid, alpha-reductase inhibitors (e.g. finasteride, dutasteride), plasma expanders (e.g. albumin, dextran, hydroxyethyl starch)** and other substances with similar biological effect(s).

Diuretics include:

**acetazolamide, amiloride, bumetanide, canrenone, chlorthalidone, etacrynic acid, furosemide, indapamide, metolazone, spironolactone, thiazides (e.g. bendroflumethiazide, chlorothiazide, hydrochlorothiazide), triamterene**, and other substances with a similar chemical structure or similar biological effect(s) (except for drosperinone, which is not prohibited).

A Therapeutic Use Exemption is not valid if an *Athlete's* urine contains a diuretic in association with threshold or sub-threshold levels of a *Prohibited Substance(s)*.

## PROHIBITED METHODS

**M1. Enhancement of oxygen transfer**

The following are prohibited:

- a. Blood doping including the use of autologous, homologous or heterologous blood or red blood cell products of any origin.
- b. Artificially enhancing the uptake, transport or delivery of oxygen, including but not limited to perfluorochemicals, efaproxiral (RSR13) and modified haemoglobin products (e.g., haemoglobin-based blood substitutes, microencapsulated haemoglobin products).

**M2. Chemical and Physical Manipulation**

- a. Tampering, or attempting to tamper, in order to alter the integrity and validity of Samples collected in Doping Controls is prohibited. These include but not limited to catheterisation, urine substitution and/or alteration.
- b. Intravenous infusions are prohibited except as a legitimate acute medical treatment. In an acute medical situation where this method is deemed necessary, a retroactive Therapeutic Use Exemption will be required.

**M3. Gene doping**

The non-therapeutic use of cells, genes, genetic elements, or of the modulation of gene expression, having the capacity to enhance athletic performance, is prohibited.

## SUBSTANCES (S) AND METHODS (M) PROHIBITED IN-COMPETITION

**S6. Stimulants**

All stimulants (including both their (D- & L-) optical isomers where relevant) are prohibited, except imidazole derivatives for topical use and those stimulants included in the 2008 Monitoring Program<sup>3</sup>.

Stimulants include:

Adrafinil, adrenaline<sup>4</sup>, amfepramone, amiphenazole, amphetamine, amphetaminil, benzphetamine, benzylpiperazine, bromantan, cathine<sup>5</sup>, clobenzorex, cocaine, cropropamide, crotetamide, cyclazodone, dimethylamphetamine, ephedrine<sup>6</sup>, etamivan, etilamphetamine, etilefrine, famprofazone, fenbutrazate, fencamfamin, fencamine, fenetylline, fenfluramine, fenproporex, furfenorex, heptaminol, isometheptene, levmethamfetamine, meclofenoxate, mefenorex, mephentermine, mesocarb, methamphetamine (D-), methylenedioxyamphetamine, methylenedioxymethamphetamine, p-methylamphetamine, methylephedrine<sup>7</sup>, methylphenidate, modafinil, nikethamide, norfenefrine, norfenfluramine, octopamine, ortetamine, oxilofrine, parahydroxyamphetamine, pemoline, pentetrazol, phendimetrazine, phenmetrazine, phenpromethamine, phentermine, 4-phenylpiracetam (carphedon), prolintane, propylhexedrine, selegiline, sibutramine, strychnine, tuaminoheptane and other substances with a similar chemical structure or similar biological effect(s).

<sup>3</sup> The following substances included in the 2008 Monitoring Program (bupropion, caffeine, phenylephrine, phenylpropanolamine, pipradol, pseudoephedrine, synephrine) are not considered as *Prohibited Substances*.

<sup>4</sup> **Adrenaline** associated with local anaesthetic agents or by local administration (e.g. nasal, ophthalmologic) is not prohibited.

<sup>5</sup> **Cathine** is prohibited when its concentration in urine is greater than 5 micrograms per milliliter.

<sup>6</sup> Each of **ephedrine** and **methylephedrine** is prohibited when its concentration in urine is greater than 10 micrograms per milliliter.

A stimulant not expressly mentioned as an example under this section should be considered as a Specified Substance only if the *Athlete* can establish that the substance is particularly susceptible to unintentional anti-doping rule violations because of its general availability in medicinal products or is less likely to be successfully abused as a doping agent.

### **S7. Narcotics**

Narcotics, identified by “S7.”, are prohibited: Buprenorphine, dextromoramide, diamorphine (heroin), fentanyl and its derivatives, hydromorphone, methadone, morphine, oxycodone, oxymorphone, pentazocine, pethidine.

### **S8. Cannabinoids**

Cannabinoids (e.g., marijuana, hashish) are prohibited.

### **S9. Glucocorticosteroids**


All glucocorticosteroids, including but not limited to those identified by “S9.”, are prohibited when administered orally, rectally, intravenously or intramuscularly. Their use requires a TUE approval.

Other routes of administration (intraarticular/periarticular/peritendinous/epidural/ intradermal injections and inhalation) require an Abbreviated Therapeutic Use Exemption except as noted below.

Topical preparations when used for dermatological (including iontophoresis/phonophoresis), auricular, nasal, ophthalmic, buccal, gingival and perianal disorders are not prohibited and do not require any form of Therapeutic Use Exemption.

Substances of this type are identified in Section 3.0, Prohibited Substances, with a ⚡.

Table 1: Status of glucocorticosteroids based on routes of administration <sup>7</sup>

Route of administration	Prohibited	Not Prohibited with valid ATUE 	Not Prohibited
Oral (e.g., pill form)	●		
Rectal (e.g., suppository, enema, inside the anus)	●		
Intravenous injection	●		
Intramuscular injection	●		
Local injection		●	
Intra-articular injection		●	
Inhalation (e.g., pump)		●	
Periarticular		●	
Peritendinous		●	
Epidural		●	
Intradermal		●	
Aural (e.g., ear drop)			●
Buccal cavity			●
Nasal (e.g., nasal spray)			●
Ophthalmic (e.g., eye drops)			●
Topical (e.g., cream, lotion, ointment, iontophoresis/phonophoresis)			●
Gingival (i.e., the gums)			●
Perianal (i.e., around the anus)			●

## SUBSTANCES PROHIBITED IN PARTICULAR SPORTS

**P1. Alcohol**

Alcohol (ethanol), identified by “P1.” is prohibited in-competition only, in the following sports. Detection will be conducted by analysis of breath and/or blood. The doping violation threshold (haematological values) for each sport federation is reported in parenthesis.

- Aeronautic (FAI) (0.20 g/L)
- Archery (FITA, IPC) (0.10 g/L)
- Automobile (FIA) (0.10 g/L)
- Boules (IPC bowls) (0.10 g/L)
- Karate (WKF) (0.10 g/L)
- Modern Pentathlon (UIPM) (0.10 g/L) (for disciplines involving shooting)
- Motorcycling (FIM) (0.10 g/L)
- Powerboating (UIM) (0.30 g/L)

<sup>7</sup> This table is a summary of information in the WADA Prohibited List, compiled by the CCES.

**P2. Beta-Blockers**

Unless otherwise specified, beta-blockers, including but not limited to those identified by “P2.”, are prohibited in competition only in the following sports:

- Aeronautic (FAI)
- Archery (FITA, IPC) (also prohibited out-of-competition)
- Automobile (FIA)
- Billiards (WCBS)
- Bobsleigh (FIBT)
- Boules (CMSB, IPC bowls)
- Bridge (FMB)
- Curling (WCF)
- Gymnastics (FIG)
- Modern Pentathlon (UIPM) (for disciplines involving shooting)
- Motorcycling (FIM)
- Nine-pin Bowling (FIQ)
- Powerboating (UIM)
- Sailing (ISAF) (for match race helms only)
- Shooting (ISSF, IPC) (also prohibited out-of-competition)
- Skiing/Snowboarding (FIS) (in ski jumping, free style aerials/halfpipe and snowboard halfpipe/big air)
- Wrestling (FILA)

## SPECIFIED SUBSTANCES

The WADA Code (10.3) states “*The Prohibited List may identify specified substances which are particularly susceptible to unintentional anti-doping rule violations because of their general availability in medicinal products or which are less likely to be successfully abused as doping agents.*”

An anti-doping violation involving the following substances may result in a reduced sanction provided that the athlete can establish that the use of such specified substance was not intended to enhance sport performance.

- All inhaled beta-2 agonists, except salbutamol (free plus glucuronide) greater than 1000 ng/mL and clenbuterol (listed under S1.2: Other Anabolic Agents);
- Alpha-reductase inhibitors, Probenecid
- Stimulants: Cathine, cropropamide, crotetamide, ephedrine, etamivan, famprofazone, heptaminol, isometheptene, levmethamphetamine, meclofexonate, p-methylamphetamine, methylephedrine, niketamide, norfenefrine, octopamine, ortetamine, oxilofrine, phenpromethamine, propylhexedrine, selegiline, sibutramine, tuaminoheptane and any other stimulant not expressly listed under section S6 for which the Athlete establishes that it fulfils the conditions described in Section S6
- Cannabinoids
- All glucocorticosteroids
- Alcohol
- All beta-blockers

## THE 2008 MONITORING PROGRAM

The WADA Code (4.5) states “*WADA, in consultation with other Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport.*”

The following substances are placed on the 2008 Monitoring List:

- **Stimulants**<sup>8</sup>: ***In-Competition Only***: bupropion, caffeine, phenylephrine, phenylpropanolamine, pipradrol, pseudoephedrine, synephrine
- **Narcotics**: ***In-Competition Only***: morphine/codeine ratio

<sup>8</sup> These stimulants are not considered to be Prohibited Substances.



### 3.0 Prohibited Substances

The following is a **non-exhaustive** list in alphabetical order of Prohibited Substances. It includes substances that are prohibited in particular sports only and those that require an Abbreviated Therapeutic Use Exemption (refer to Section 4.0, Therapeutic Use Exemptions.) Please note that this **non-exhaustive** list does not contain any examples of Prohibited Methods.

Generic medicines are often named by the abbreviation of the company followed by the chemical name of the substance e.g., Apo-, CO-, Depo-, Gen-, Lin-, Neo-, Novo-, Nu-, PMS-, Ratio-, Rho-, Riva-, Sab-, Sandoz-, Solu-, and Taro-. For example, Apo-Salbutamol is salbutamol.

The first letter and number (e.g., S8) indicate the class of Prohibited Substances the product falls into (as described in Section 2.0 of this booklet.) Generic names or non-proprietary names are written in normal text and brand names are in **bold**. For each brand name the Prohibited Substance is indicated in (brackets.)

S1.1a. †1-testosterone	S6. Adrafinil
S1.1a. 1-androstendiol	S6. <b>Adrenalin</b> (epinephrine)
S1.1a. 1-androstenedione	S6. Adrenaline
S7. 3-methylfentanyl	S2.5. Adrenocorticotrophin
S1.1b. †4-androstenedione	S3/S9. ⚡ ⚡ <b>Advair Diskus/Inhalation Aerosol</b> (salmeterol, fluticasone)
S1.1a. †4-hydroxy-19-nortestosterone	S3. ⚡ ⚡ <b>Airomir</b> (salbutamol)
S1.1a. †4-hydroxytestosterone	S5. Albumin
S6. 4-phenylpiracetam	S5. <b>Albuminar</b> (albumin)
S1.1b. † 5AD-androstenediol (androstenediol)	S5. <b>Albutein</b> (albumin)
S1.1b. † 5-androstenedione	S3. ⚡ ⚡ <b>Albuterol</b>
S5. 6 Extran 70 in 0.9 sodium chloride injection (dextran)	P1. Alcohol
S5. 10 Extran 40 in 0.9 sodium chloride injection (dextran)	S5. <b>Aldactone</b> (spironolactone)
S5. 10 Extran 40 in dextrose injection (dextran)	S5. <b>Aldactazide -25, -50</b> (hydrochlorothiazide, spironolactone)
S1.1a. †19-norandrostenediol	S6. <b>Alertec</b> (modafinil)
S1.1a. †19-norandrostenedione	S7. <b>Alfenta</b> (alfentanil)
S6. <b>A2</b> (benzylpiperazine)	S7. Alfentanil
S5. <b>Accuretic</b> (hydrochlorothiazide)	S5. <b>-Almizide</b> (amiloride, hydrochlorothiazide)
P2. Acebutolol	S7. Alpha-methylfentanyl
S5. Acetazolam	P2. Alprenolol
S5. Acetazolamide	S5. <b>Altace-HCT</b> (hydrochlorothiazide)
S2.5. ACTH	S9. ⚡ <b>Alvesco</b> (ciclesonide)
S2.5. <b>Acthar</b> (corticotrophin)	S9. ⚡ Amcinonide
S6. Adam	S6. Amfepramone
S6. <b>Adderall XR</b> (amphetamine)	S6. Amfetamine
	S6. Amfetaminil

#### Legend

- ⚡ Permitted with a valid Abbreviated TUE. See Section 4.0, Therapeutic Use Exemptions.
- ⚡ The status of this substance depends on the route of its administration. See Table 1 on page 27.
- ⚡ Despite a valid TUE, a concentration of salbutamol greater than 1000 ng/ml will be considered an Adverse Analytical Finding.
- † Foreign product
- ♂ Prohibited in males only



S6.	† Amidrine (isometheptene)	S9.	⊗ Aristospan (triamcinolone)
S6.	Amifenazole	S4.1.	Aromasin (exemestane)
S5.	Ami-Hydro (amiloride, hydrochlorothiazide)	S4.1.	Aromatase Inhibitors
S5.	Amiloride	S5.	Atacand Plus (hydrochlorothiazide)
S4.1.	Aminoglutethimide	P2.	Atenolol
S6.	Amiphenazole	S5.	Avalide (hydrochlorothiazide)
S5.	Amipramizide	S9.	⊗ Avamys (fluticasone)
S6.	Amphetamine	S5.	Avodart (dutasteride)
S6.	Amphetaminil	S3.	Bambuterol
S1.1a.	† Anadur (nandrolone)	S9.	⊗ Barriere HC (hydrocortisone)
S4.1.	Anastrozole	S9.	⊗ Beclomethasone
S1.1a.	† Anavar (oxandrolone)	S5.	Bendrofluazide
S1.1b.	Andriol (testosterone)	S5.	Bendroflumethiazide
S1.1b.	Androderm (testosterone)	S5.	Benuryl (probenecid)
S1.1b.	† Androdiol (androstenediol)	S6.	Benzfetamine
S1.1a.	Androfurazanol	S5.	Benzhydroflumethiazide
S1.1b.	AndroGel (testosterone)	S6.	Benzphetamine
S1.1a.	† Android (methyltestosterone)	S6.	Benzpiperazine
S1.1a.	† Androlone-D (nandrolone)	S3.	Berotec Inhalation Aerosol/Solution (fenoterol)
S1.1b.	Androstanolone	S9.	⊗ Betaderm (betamethasone)
S1.1b.	† Androstene, -50, -100 (androstenedione)	P2.	Betagan (levobunolol)
S1.1b.	Androstenediol	S9.	⊗ Betaject (betamethasone)
S1.1b.	Androstenedione	P2.	Betaloc (metoprolol)
S9.	⊗ Anodan HC (hydrocortisone)	S9.	⊗ Betamethasone
S9.	⊗ Anugesic HC (hydrocortisone)	P2.	Betaxolol
S9.	⊗ Anusol HC (hydrocortisone)	S9.	⊗ Betnesol (betamethasone)
S5.	Apo-Atenidone (atenolol, chlortalidone)	P2.	Betoptic S (betaxolol)
S5.	Apo-Hydro (hydrochlorothiazide)	S6.	Biphentin (methylphenidate)
S9.	⊗ Apo-Fluticasone (fluticasone)	P2.	Bisoprolol
P2.	Apo-Labetalol (labetalol)	S9.	⊗ Blephamide (prednisolone)
S5.	Apo-Methazide (hydrochlorothiazide)	S1.1a.	Bolandiol
S6.	Apo-Methylphenidate SR (methylphenidate)	S1.1a.	Bolasterone
P2.	Apo-Metoprolol SR (metoprolol tartrate)	S1.1a.	Boldenone
P2.	Apo-Nadolol (nadolol)	S1.1a.	Boldione
S3.	⊗ ☺ Apo-Salvent Ipravent Sterrules (salbutamol)	P2.	Brevibloc (esmolol)
S4.2.	Apo-Tamox (tamoxifen)	S3.	⊗ Bricanyl Turbuhaler (terbutaline)
S2-1.	Aranesp (erythropoietin)	S6.	Bromantan
S4.1.	Arimidex (anastrozole)	S9.	⊗ Budesonide
S9.	⊗ Aristocort (triamcinolone)	S5.	Buminate (albumin)

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S5. Bumetanide	S3. ⚡ ⚠ Combivent Inhalation (salbutamol)
P2. Bunolol	S6. Concerta (methylphenidate)
S7. † Buprenex (buprenorphine)	P2. Coreg (carvedilol)
S7. Buprenorphine	P2. Corgard (nadolol)
S5. Burinex (bumetanide)	S9. ⚡ Cortef (hydrocortisone)
S6. BZP (benzylpiperazine)	S9. ⚡ Cortenema (hydrocortisone)
S1.1a. Calusterone	S2.5. Corticotrophin
S8. Cannabinoids	S2.5. Corticotropin
S5. Canrenone	S9. ⚡ Cortifoam (hydrocortisone)
S6. Carfedon	S9. ⚡ Cortimyxin (hydrocortisone)
S7. Carfentanil	S9. ⚡ Cortisone
S6. † Carnigen (oxilofrine)	S9. ⚡ Cortisporin (hydrocortisone)
S6. Carphedon	S9. ⚡ Cortoderm (hydrocortisone)
P2. Carteolol	S2.5. Cortrosyn (corticotrophin)
P2. Carvedilol	S5. † Corzide (bendroflumethiazide)
S6. Cathine	P2. Cosopt (timolol)
S6. † Catovit (prolintane)	S5. Coversyl Plus (indapamide)
S9. ⚡ Celestoderm V, V/2 (betamethasone)	S6. Cropropamide
S9. ⚡ Celestone Soluspan (betamethasone)	S9. ⚡ Cultivate (fluticasone)
P2. Celiprolol	S6. Cyclazodone
S6. † Centrophenoxine (meclofenoxate)	S9. ⚡ Cyclocort Lotion/Ointment (amcinonide)
S5. Chlorothiazide	S4.3. Cyclofenil
S6. Chlorpropylamphetamine	S1.1a. Cyclomen (danazol)
S5. Chlortalidone	S6. † Cylert (pemoline)
S1.1a. Chlortestosterone	S4.1. † Cytadren (aminogluthetimide)
S1/SD. Chlorthalidone	S6. D-amphetamine
S2-3. Chorionic Gonadotrophin (hCG)	S1.1a. Danazol
S9. ⚡ Cipro HC (hydrocortisone)	S1.1a. † Danocrine (danazol)
S9. ⚡ Ciprodex (dexamethasone)	S9. ⚡ Decadron (dexamethasone)
S9. ⚡ Claritin Skin Itch Relief (hydrocortisone)	S1.1a. Deca-Durabolin (nandrolone)
S1.2. Clenbuterol	S1.1a. Dehydrochloromethyltestosterone
S1.1b. Climacteron (testosterone)	S1.1b. Dehydroepiandrosterone
S6. Clobenzorex	S1.1b. Delatestryl (testosterone)
S9. ⚡ Clobex Lotion, Shampoo (clobetasol)	S1.1a. Delta 1-androstene-3,17-dione
S9. ⚡ Clobetasol	S1.1a. Delta 1-androstenediol
S9. ⚡ Clobetasone	S1.1a. Delta 1-dihydro-testosterone
S4.3. Clomid (clomiphene)	S7. Demerol (pethidine)
S4.3. Clomiphene	S6. Deprenyl
S1.1a. Clostebol	S9. ⚡ Derma-Smothe/FS (fluocinolone acetone)
S6. Cocaine	

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S9. ⚡ Dermasone (clobetasol)	S7. † Dolophine (methadone)
S9. ⚡ Dermatop (prednicarbate)	S9. ⚡ Dovobet (betamethasone)
S1.1a. Dermonal veterinary (methyltestosterone)	S1.1a. Dromostanolone
S9. ⚡ Dermovate Cream/Ointment (clobetasol)	S1.1a. Drostanolone
S9. ⚡ Desocort Cream/Ointment (desonide)	S1.1b. † Duogex (testosterone)
S9. ⚡ Desonide	P2. DuoTrav (timolol)
S9. ⚡ Desoximetasone	S3. Duovent UDV (fenoterol)
S6. Desoxyephedrine	S1.1a. † Durabolin (nandrolone)
S1.1a. Desoxymethyltestosterone	S1.1a. † Duraboral (ethylestrenol)
S6. Desoxynorephedrine	S7. Duragesic (fentanyl)
S9. ⚡ Dexamethasone	S5. Dutasteride
S6. Dexamphetamine	S5. Dyrenium (triamterene)
S9. ⚡ Dexasone (dexamethasone)	S6. Ecstasy
S6. Dexedrine (amphetamine)	S5. Edecrin (etacrynic acid)
S5. Dexiron- LIQ IM IV (dextran)	S9. ⚡ Egozinc HC (hydrocortisone)
S5. Dextran	S9. ⚡ Elocom (mometasone)
S6. Dextroamphetamine	S9. ⚡ Emo-Cort (hydrocortisone)
S7. Dextromoramide	S7. Endocet (oxycodone)
S1.1b. DHEA	S7. Endodan (oxycodone)
S1.1b. DHT	S6. E.N.R 2000 (ephedrine)
S7. Diagesil (diamorphine)	S9. ⚡ Entocort capsules/Enema (budesonide)
S7. Diamorphine	S6. Ephedrine
S5. Diamox (acetazolamide)	S6. Ephedrine HCL (ephedrine)
S6. † Didrex (benzphetamine)	S6. Ephedrine Sulfate (ephedrine)
S6. Diethylpropion	S6. Ephedrine Sulfate Injection (ephedrine)
S9. ⚡ Diflucortolone	S6. Epinephrine
S5. Dihydrochlorothiazide	S6. Epipen (epinephrine)
S6. Dihydromorphinone	S5. Epitestosterone
S6. Dihydrone	S2-1. EPO
S1.1b. Dihydrotestosterone	S2-1. Eprex (erythropoietin)
S7. Dilaudid, -HP, -XP (hydromorphone)	S1.1a. Equipoise veterinary (boldenone)
S6. Dimetamphetamine	S2-1. Erythropoietin (EPO)
S6. Dimethylamphetamine	P2. Esmolol
S1.1a. † Dimetriose (gestrinone)	S5. Etacrynic acid
S1.1b. † Diol-4 (androstenediol)	S6. Etamivan
S9. ⚡ Diopred (prednisolone)	S6. Etamphetamine
S9. ⚡ Diprolene (betamethasone)	S6. Etilamphetamine
S9. ⚡ Diprosalic (betamethasone)	S6. Etilefrine
S9. ⚡ Diprosone (betamethasone)	P1. Ethanol
	S6. Ethylamphetamine

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S1.1a. Ethylestrenol	S7. Formyldienolone
S1.1a. Ethynorgestrienone	S5. Frusemide
S4.2. Evista (raloxifene)	S9. ⚗ Fucidin H (hydrocortisone)
S4.1. Exemestane	S4.3. Fulvestrant
S6. Famprofazone	S1.1a. Furazabol
S6. † Fastin (phentermine)	S6. Furfenorex
S4.2. † Fareston (toremifene)	S5. Furosemide
S4.3. † Faslodex (fulvestrant)	S5. Furoside (furosemide)
S4.1. Femara, -Avdanced, -Extended (letrozole)	S9. ⚗ Garasone (betamethasone)
S6. Fenbutrazate	S5. Gen-Amilazide (amiloride, hydrochlorothiazide)
S6. Fencamfamine	S9. ⚗ Gen-Beclo AQ (beclomethasone)
S6. Fencamine	S3. ⚡ ⚗ Gen-Combo Sterinebs (salbutamol)
S6. Fenetylline	S5. Gen-Lisinopril HCTZ (hydrochlorothiazide)
S6. Fenfluramine	S5. Gentran (dextran)
S3. Fenoterol	S1.1a. Geri-Tabs veterinary (methyltestosterone)
S6. Fenproporex	S1.1a. Gestrinone
S6. Fensidnimine	S6. † Gewodin (famprofazone)
S7. Fentanyl	S6. Grippalin (ephedrine)
S4.3. † Fertodur (cyclofenil)	S2-2. Growth hormone (hGH)
S5. Finasteride	S9. ⚗ Halcinonide
S9. ⚡ Flarex (fluorometholone)	S9. ⚗ Halobetasol
S9. ⚗ Flonase (fluticasone)	S9. ⚗ Halog Cream/Ointment (halcinonide)
S9. ⚗ Florinef (fludrocortisone)	S8. Hashish (cannabinoids)
S9. ⚡ Flovent (fluticasone)	S2-3. ♂ hCG
S9. ⚡ Flovent HFA (fluticasone)	S9. ⚗ Hemcort HC (hydrocortisone)
S4.1. † Fludestrin (testolactone)	S6. Heptaminol
S9. ⚗ Fludrocortisone	S5. Hetastarch
S9. ⚗ Flumethasone	S7. Heroin
S9. ⚗ Flunisolide	S5. HES (hydroxyethyl starch)
S9. ⚗ Fluocinolone	S2-2. hGH
S9. ⚗ Fluocinonide	S2.4. Humalog (insulin)
S9. ⚗ Fluorometholone	S2.4. Humalog Mix 50 (carthidge) (insulin)
S1.1a. Fluoxymesterone	S2-3. ♂ Human Chorionic Gonadotrophin
S9. ⚗ Fluticasone	S2-2. Humatrope (somatotropin --growth hormone)
S9. ⚗ FML (fluorometholone)	S2.4. Humulin (insulin)
S3. ⚡ Foradil (formoterol)	S9. ⚗ Hycort (hydrocortisone)
S1.1a. Formebolone	S9. ⚗ Hyderm (hydrocortisone)
S4.1. Formestane	S5. Hydrochlorothiazide
S3. ⚡ Formoterol	S9. ⚗ Hydrocortisone
S6. Formula C34 (ephedrine)	

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S7.	Hydromorph Contin (hydromorphone)	P2.	Linsotalol (sotalol)
S7.	Hydromorph-IR (hydromorphone)	S1.2.	†Livial (tibolone)
S7.	Hydromorphone	S5.	LMD 10% in dextrose 5% (dextran)
S7.	Hydromorphone HP	S5.	LMD 10% 0.9% sodium chloride (dextran)
S9.	⊗ Hydrosone Cream (hydrocortisone)	S9.	⊗ Locacorten Vioform Cream (flumethasone)
S9.	⊗ HydroVal (hydrocortisone)	S9.	⊗ Locacorten Vioform Eardrops (flumethasone)
S5.	Hydroxyethyl starch	P2.	Lopresor (metoprolol)
S2.4.	Hypurin NPH (insulin)	S9.	⊗ Lotriderm (betamethasone)
S2.4.	Hypurin Regular (insulin)	S6.	Love Drug
S5.	Hyzaar, -DS (hydrochlorothiazide)	S6.	Love Pill
S2-2.	IGF-1	S5.	Lozide (indapamide)
S5.	Indapamide	S6.	† Lucidril (meclofenoxate)
S9.	⊗ Inflammase Forte (prednisolone)	S2.3.	♂ Luteinizing hormone
S5.	Inhibace Plus (hydrochlorothiazide)	S2.3.	♂ Lutropin (LH)
S2.4.	Inново (insulin)	S2.3.	♂ Luveris (LH)
S2.4.	Insulin	S9.	⊗ Lyderm Cream/Ointment (fluocinonide)
S2-2.	Insulin-like Growth Factor (IGF-1)	S6.	Madam Pearl's Cough Syrup (ephedrine)
S6.	Ionamin (phentermine)	S1.1b.	Malogen (testosterone)
S6.	Isometheptene	S1.1b.	Malogex (testosterone)
S7.	Isonipecaïne	S6.	Malt Plus (strychnine)
S6.	Isoproterenol HCl for Injection USP (isoproterenol)	S8.	Marijuana (cannabinoids)
S7.	Kadian (morphine)	S1.1a.	† Maxibolin (ethylestrenol)
S9.	⊗ Kenacomb (triamcinolone)	S9.	⊗ Maxidex (dexamethasone)
S9.	⊗ Kenalog (triamcinolone)	S9.	⊗ Maxitrol (dexamethasone)
S4.2.	Keoxifene	S6.	MDA (methylenedioxyamphetamine)
S5.	Lasix, -Special (furosemide)	S6.	MDMA (methylenedioxymethamphetamine)
P2.	Labetalol	S2.2.	Mechano Growth Factors (MGF)
P2.	Labetalol HCl Injection USP (labetalol)	S6.	Meclofenoxate
S2.4.	Lantus (insulin)	S9.	⊗ Medrol (methylprednisolone)
S6.	Legal E (benzylpiperazine)	S6.	Mefenorex
S6.	Legal X (benzylpiperazine)	S6.	Mellow Drug of America
S4.1.	Lentaron (formestane)	S7.	Meperidine
S2.4.	Levemir (insulin)	S6.	Mephentermine
S6.	Levmethamphetamine	S6.	Mephedrine
P2.	Levobunolol	S6.	Meridia (sibutramine)
S4.1.	Letrozole	S7.	M-Eslon (morphine)
S2.3.	♂ LH	S6.	Mesocarb
S9.	⊗ Lidemol (fluocinonide)	S2.3.	♂ Menopur (LH)
S9.	⊗ Lidex (fluocinonide)	S1.1a.	Mestanolone

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S1.1a. Mesterolone	S7. M.O.S., -SR (morphine)
S7. Metadol (methadone)	P2. Monitan (acebutolol)
S1.1a. Metandienone	S7. MS, -Contin, •IR (morphine)
S1.1a. Metandren (methyltestosterone)	S1.1a. † Mytolon (furazabol)
S1.1a. Metenolone	P2. Nadolol
S7. Methadone	S1.1a. Nandrolone
S6. Methamphetamine	S9. ♂ Nasacort (triamcinolone)
S1.1a. Methandienone	S9. ♂ Nasonex (mometasone)
S1.1a. Methandriol	S5. † Naturetin (bendroflumethiazide)
S1.1a. Methandrostenolone	S1.1a. † Nemestran (gestrinone)
S1.1a. Methasterone	S1.1b. Neo pause (testosterone)
S1.1a. Methenolone	S9. ♂ Nerisalic (diflucortolone)
S1.1a. † Methosarb (calusterone)	S6. Nicethamide
S1.1a. Methyl-1-testosterone	S6. Nikethamide
S1.1a. Methylandrostenediol	S1.1a. † Nilevar (norethandrolone)
S6. Methylamphetamine	S1.1a. Norboletone
S1.1a. † Methyl D (methyldienolone)	S1.1a. Norclostebol
S1.1a. † Methyl Dien (methyldienolone)	S1.1a. Norethandrolone
S1.1a. Methyldienolone	S6. Norfenefrine
S6. Methylenedioxyamphetamine	S6. Norfenfluramine
S6. Methylenedioxymethamphetamine	S4.2. Novaldex, -D (tamoxifen)
S6. Methylephedrine	S5. Novamilor (amiloride, hydrochlorothiazide)
S1.1a. Methylnortestosterone	S2.4. Novolin (insulin)
S6. Methylphenidate	S3. ☹ Novo-Salmol Tablets (salbutamol)
S9. ♂ Methylprednisolone	S5. Novo-Semide (furosemide)
S1.1a. Methyltestosterone	S5. Novo-Spiroton (spironolactone)
S1.1a. Methyltrienolone	S5. Novo-Spirozine (hydrochlorothiazide, spironolactone)
P2. Metipranolol	S5. Novo-Thalidone (chlortalidone)
S5. Metolazone	S5. Novo-Triamzide (hydrochlorothiazide, triamterene)
P2. Metoprolol	S5. Novo-Zolamide (acetazolamide)
S2.2. MGF	P2. Nu-Metop (metoprolol)
S1.1a. Mibolerone	S2-2. Nutropin (somatropin - growth hormone)
S6. † Midrin (isometheptene)	S6. Octopamine
S4.3. † Milophene (clomiphene)	S6. † Olmifon (adagrafinil)
S1.1a. † Miotolon (furazabol)	S6. Omni-Tuss (ephedrine)
S6. Modafinil	S7. Opium & Belladonna Suppositories (morphine)
S5. Moduret (amiloride, hydrochlorothiazide)	S1.1a. † Orabolin (ethylestrenol)
S9. ♂ Mometasone	S9. ♂ Oracort (triamcinolone)
P2. Monocor (bisoprolol)	
S7. Morphine	

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S1.1a. † Oranabol (oxymesterone)	S6. Phenoxazole
S1.1a. † Orgabolin (ethylestrenol)	S6. Phenpromethamine
S4.1. † Orimeten (aminogluthetimide)	S6. Phentermine
S6. Ortetamine	S6. Phenylisohydantin
S2-3. ♂ Ovidrel (human Chorionic Gonadotrophin)	P2. -Pindol (pindolol)
S1.1a. Oxabolone	P2. Pindolol
S1.1a. † Oxandrin (oxandrolone)	S2.3. ♂ Pituitary gonadotrophins (LH)
S1.1a. Oxandrolone	S5. Plasbumin -5, -25 (albumin)
S6. Oxazimedrine	S5. Plasma expanders (e.g., hydroxyethyl starch)
S3. ⚡ Oxeze (formoterol)	S5. PMS-Hydrochlorothiazide (hydrochlorothiazide)
S6. Oxilofrine	S7. PMS-Oxycodone-Acetaminophen (oxycodone)
P2. Oxprenolol	S9. ⚡ Pramox HC (hydrocortisone)
S7. Oxycodone	S1.1b. Prasterone
S7. Oxycone	S9. ⚡ Prednicarbate
S7. OxyContin (oxycodone)	S9. ⚡ Pred Forte/Mild (prednisolone)
S7. Oxy •IR (oxycodone)	S9. ⚡ Prednisolone
S1.1a. Oxymesterone	S9. ⚡ Prednisone
S1.1a. Oxymetholone	S6. † Prefamone (amfepramone)
S7. Oxymorphone	S9. ⚡ Prevox (betamethasone)
S7. † Palfium (dextromoramide)	S9. ⚡ Prevox HC (hydrocortisone)
S7. Palladone (hydromorphone)	S6. † Primobolan (metenolone)
S5. Pamprin Extra Strength Caplets, -PMS Caplets (acetaminophen, pamabrom, pyrilamine)	S5. Prinzide (hydrochlorothiazide)
S1.1a. † Parabolan (trenbolone)	S5. Probenecid
S6. Parahydroxyamphetamine	S9. ⚡ Proctodan (hydrocortisone)
S9. ⚡ PEDIAPRED (prednisolone)	S9. ⚡ Proctofoam (hydrocortisone)
S6. Pemoline	S9. ⚡ Proctomyxin (hydrocortisone)
S9. ⚡ Pentamycetin (hydrocortisone)	S9. ⚡ Proctosedyl (hydrocortisone)
S5. Pentaspan (pentastarch –plasma expander)	S6. Prolintane
S5. Pentastarch	S6. † Promotil (prolintane)
S7. Pentazocine	S9. ⚡ Propaderm (beclo methasone)
S6. Pentetrazole	P2. Propanolol
S7. Percocet, -Demi (oxycodone)	S5. Propecia (finasteride)
S7. Percodan, -Demi (oxycodone)	S6. Propylhexedrine
S7. Pethidine	S5. Proscar (finasteride)
S6. Phendimetrazine	S1.1a. Prostanazol
S6. Phenimethoxazine	S6. † Provigil (modafinil)
S6. Phenmetrazine	S1.1a. † Proviron (mesterolone)

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S9.	⌘ Pulmicort Nebuamp/Turbuhaler (budesonide)	S9.	⌘ Sandoz Cortimycin (hydrocortisone)
S1.1a.	Quinbolone	S9.	⌘ Sandoz Opticort (dexamethasone)
S9.	⌘ Qvar (beclomethasone)	S9.	⌘ Sandoz Pentasone (betamethasone)
S4.2.	Raloxifene	P2.	Sandoz Pindolol (pindolol)
S9.	⌘ Ratio-Clobetasol (clobetasol)	S9.	⌘ Sandoz Prednisolone (prednisolone)
S9.	⌘ Ratio-Ectosone (betamethasone)	S9.	⌘ Sandoz Proctomycin (hydrocortisone)
P2.	RAN-Atenolol (atenolol)	S8.	Sativex ( Delta-9- tetrahydrocannabinol, cannabidiol)
P2.	RAN-Carvedilol (carvedilol)	P2.	Sectral (acebutolol)
S7.	RAN-Fentabyl Transdermal System (fentanyl)	S6.	Selegiline
S7.	Ratio-Fentanyl (fentanyl)	S3.	⌘ Serevent (salmeterol)
S9.	⌘ Ratio-Fluticasone (fluticasone propionate)	S4.3.	Serophene (clomiphene)
P2.	Ratio-Levobunolol (levobunolol)	S2-2.	Serostim (somatropin --growth hormone)
S6.	Ratio-Methylphenidate (methylphenidate)	S6.	Sibutramine
S7.	Ratio-Morphine (morphine)	S9.	⌘ Sofracort (dexamethasone)
S7.	Ratio-Oxycocet (oxycodone)	S9.	⌘ Solu-Cortef (hydrocortisone)
S7.	Ratio-Oxycodan (oxycodone)	S2-2.	Somatrem
S9.	⌘ Ratio-Proctosone (hydrocortisone)	S2-2.	Somatropin
S9.	⌘ Ratio-Triacomb (triamcinolone)	P2.	Sotalol
S9.	⌘ Ratio-Topilene (betamethasone)	S5.	Spironolactone
S9.	⌘ Ratio-Topisone (betamethasone)	S1.1a.	Stanozolol
S9.	⌘ Rectogel (hydrocortisone)	S7.	Statex (morphine)
S7.	Renifentanil	S1.1a.	Stenbolone
S3.	Reproterol	S1.1a.	† Stromba (stanozolol)
S9.	⌘ Rhinalar (flunisolide)	S6.	Strychnine
S9.	⌘ Rhinocort (budesonide)	S7.	Sufenta (sufentanil)
S6.	†Rhinofluimucil (tuaminoheptane)	S7.	Sufentanil
P2.	Rhotral (acebutolol)	S7.	Subutex (buprenorphine)
S9.	⌘ Rimexolone	S7.	Supeudol (oxycodone)
S6.	Ritalin, -SR (methylphenidate)	S5.	Supres (chlorothiazide)
S7.	Rivacocet (oxycodone)	S6.	Sydnocarb
S9.	⌘ Rivanase AQ (beclomethasone)	S3/S9.	⌘ Symbicort Turbuhaler (formoterol, budesonide)
S5.	Riva-zide (hydrochlorothiazide, triamterene)	S2.5.	Synacthen Depot (corticotrophin)
S7.	† Roxanol, -100 (morphine)	S9.	⌘ Synalar (fluocinolone)
S9.	⌘ Sab-Anuzinc HC, Plus (hydrocortisone)	S2.3.	♂ Synthetic gonadotrophins (LH)
S2-2.	Saizen (somatropin -- growth hormone)	S7.	Talwin (pentazocine)
S3.	⌘ Salbutamol	S4.2.	Tamofen (tamoxifen)
S3.	⌘ Salmeterol	S4.2.	Tamone (tamoxifen)
S9.	⌘ Sarna HC (hydrocortisone)	S4.2.	Tamoxifen
		S9.	⌘ Taro-Sone (betamethasone)

#### Legend

- ⌘ Permitted with a valid Abbreviated TUE. See Section 4.0, Therapeutic Use Exemptions.
- ⌘ The status of this substance depends on the route of its administration. See Table 1 on page 27.
- ⌘ Despite a valid TUE, a concentration of salbutamol greater than 1000 ng/ml will be considered an Adverse Analytical Finding.
- † Foreign product
- ♂ Prohibited in males only



S5. Tears Naturale II drop (dextran)	S3. Tulobuterol
S5. Tears Naturale Free DPS (dextran)	S1.1a. Turinabol
S5. Tears Naturale Forte (dextran)	S6. Twinject (adrenaline)
S7. † Temgesic (buprenorphine)	S7. Ultiva (remifentanyl)
S6. Tenamfetamine	S9. ⚡ Ultravate (halobetasol)
P2/S5. Tenoretic (atenolol, chlortalidone)	S1.1b. Uni-bol veterinary (testosterone)
S6. Tenuate (amfepramone)	S1.1b. Uni-test veterinary (testosterone)
S3. ⚡ Terbutaline	S9. ⚡ Uremol HC (hydrocortisone)
S4.1. † Teslac (testolactone)	S5. Uridon (chlortalidone)
S4.1. Testim 1% (testosterone)	S5. Urozide (hydrochlorothiazide)
S4.1. Testolactone	S9. ⚡ Valisone (betamethasone)
S1.1b. Testosterone	S6. Vaponefrin (epinephrine)
S1.1b. † Testoviron (testosterone)	S5. Vaseretic (hydrochlorothiazide)
S1.1b. † Tetrabol (androstenedione)	S1.2. Ventipulmin veterinary (clenbuterol)
S2.5. Tetracosactide	S3. ⚡ ☹ Ventodisk (salbutamol)
S1.1a. Tetrahydrogestinone	S3. ⚡ ☹ Ventolin (salbutamol)
S1.1a. † Theranabol (oxymesterone)	S3. ⚡ ☹ Ventolin Diskus (salbutamol)
S1.1a. THG	S3. ⚡ ☹ Ventolin HFA (salbutamol)
S5. Thiazides	S3. ☹ Ventolin Injection (salbutamol)
S9. ⚡ Tiamol (fluocinonide)	S3. ⚡ ☹ Ventolin Nebules P.F. (salbutamol)
S1.2. Tibolone	S3. ☹ Ventolin Oral Liquid (salbutamol)
P2. -Timol (timolol)	S3. ⚡ ☹ Ventolin Respirator Solution (salbutamol)
P2. Timolol	S9. ⚡ Vexol (rimexolone)
P2. Timoptic, -XE (timolol)	S9. ⚡ Viaderm KC (triamcinolone)
S9. ⚡ Tobradex (dexamethasone)	S9. ⚡ Vioform Hydrocortisone (hydrocortisone)
S9. ⚡ Topicort Cream/Gel/Ointment (desoximetasone)	S1.1b. † Virilon (testosterone)
S9. ⚡ Topsy Gel (fluocinonide)	S5. Visine Advance Triple Action (dextran)
S4.2. Toremfene	S5/P2. Viskazide (hydrochlorothiazide, pindolol)
P2. Trandate (labetalol)	P2. Visken (pindolol)
P2. Trasacor (oxprenolol)	S6. † Volital (pemoline)
S2.3. ♂ Trelstar (LH releasing hormone analog)	S9. ⚡ Westcort (hydrocortisone)
S2.3. ♂ Trelstar LA (LH releasing hormone analog)	S7. Wildnil Liquide IM veterinary (carfentanyl)
S1.1a. Trenbolone	S9. ⚡ Winpred (prednisone)
S9. ⚡ Triaderm (triamcinolone)	S1.1a. Winstrol (stanozolol)
S9. ⚡ Triamcinolone	S6. † Wyamine (mephentermine)
S5. Triamterene	S6. XTC (methylenedioxymethamphetamine)
S5. -Triazide (hydrochlorothiazide, triamterene)	S6. Zap, -Extra (ephedrine)
S1.1a. † Trofodermin (clostebol)	S5. Zaroxolyn (metolazone)
S6. Tuaminoheptane	S6.2. Zeranol

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**Legend**






- ⚡ Permitted with a valid Abbreviated TUE. See Section 4.0, Therapeutic Use Exemptions.
- ⚡ The status of this substance depends on the route of its administration. See Table 1 on page 27.
- ☹ Despite a valid TUE, a concentration of salbutamol greater than 1000 ng/ml will be considered an Adverse Analytical Finding.
- † Foreign product
- ♂ Prohibited in males only



- S5. Zestoretic (hydrochlorothiazide)
- S1.2. Zilmax (zilpaterol)
- S1.2. Zilpaterol

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*Legend*

-  Permitted with a valid Abbreviated TUE. See Section 4.0, Therapeutic Use Exemptions.
-  The status of this substance depends on the route of its administration. See Table 1 on page 27.
-  Despite a valid TUE, a concentration of salbutamol greater than 1000 ng/ml will be considered an Adverse Analytical Finding.
-  Foreign product
-  Prohibited in males only



## 4.0 Therapeutic Use Exemptions

A Therapeutic Use Exemption (TUE) may be granted by the CCES to an athlete permitting the use of a Prohibited Substance or Prohibited Method contained on the Prohibited List.

An exemption will only be considered by the CCES for a medically justified reason and under the following circumstances:

- the athlete would experience a significant impairment to health if the Prohibited Substance or Prohibited Method were to be withheld in the course of treating an acute or chronic medical condition;
- the use of the Prohibited Substance or Prohibited Method would produce no additional enhancement of performance other than that which might be anticipated by a return to a state of normal health following the treatment of a legitimate medical condition and;
- there is no reasonable therapeutic alternative or any alternative is inefficient.

For example, when the above-mentioned conditions have been demonstrated, a TUE *may* be granted to an athlete for:

- the use of Insulin for the treatment of insulin-dependent diabetes;
- the use of a Salbutamol inhaler for the treatment of asthma.

A TUE would not be granted for:

- the use of a nutritional supplement or vitamin;
- the recreational use of cannabinoids.

### WHERE DOES AN ATHLETE HAVE TO APPLY FOR A TUE?

At this time, all Canadian athletes must contact the CCES to apply for a TUE. Canadian athletes that compete at an international level may also be required to submit their TUE application to their International Sport Federation. These athletes are advised to contact their International Sport Federation to determine if this is necessary.

### WHEN SHOULD AN ATHLETE APPLY FOR A TUE?

Applications should be made at the time the prohibited medication(s) is/are recommended to the athlete by the athlete's physician. In the event that the athlete is in his/her competitive season, he/she must submit his/her application prior to participating in an event.

### HOW CAN AN ATHLETE APPLY FOR A TUE?

There are two kinds of TUEs: Abbreviated (ATUE) and Standard (STUE).

#### **Abbreviated Therapeutic Use Exemptions (ATUEs)**

It is acknowledged that some substances included on the Prohibited List are used to treat medical conditions frequently encountered in the athlete population. As such, the following substances are subject to the ATUE process:

- Beta-2 Agonists by inhalation only (formoterol, salbutamol, salmeterol, and terbutaline); and
- Glucocorticosteroids administered by intra-articular and local injections, and by inhalation.



Athletes who require the use of these substances must verify their status in the CCES Registered Testing Pool.

([http://www.cces.ca/forms/index.cfm?DSP=template&act=view3&template\\_id=204&lang=e.](http://www.cces.ca/forms/index.cfm?DSP=template&act=view3&template_id=204&lang=e.))

Athletes in the CCES Registered Testing Pool are required to submit a *completed* ATUE Form to the CCES. The CCES ATUE Form is available on the CCES website ([www.cces.ca/pdfs/CCES-FORM-AbbreviatedTUE-E.pdf](http://www.cces.ca/pdfs/CCES-FORM-AbbreviatedTUE-E.pdf).)

Athletes who are not in the CCES Registered Testing Pool are only required to submit a completed ATUE Form at the request of the CCES. The CCES will only grant approval for the use of a Prohibited Substance if there is a confirmation of diagnosis prior to the use of this substance.

The CCES will only grant approval for use of Prohibited Substances subject to the ATUE process once it has received a completed CCES ATUE Form. Incomplete forms will be returned to applicants.

ATUEs granted by the CCES are valid for the duration of the treatment as prescribed by the athlete's physician up to a maximum of one year. It is the athlete's responsibility to know when his/her TUE expires and to apply for renewal, if necessary, before this date.

### Standard Therapeutic Use Exemptions (STUEs)

An athlete who requires the use of a Prohibited Substance that is not subject to the ATUE process and/or a Prohibited Method must apply for a STUE.

For a STUE application to be considered, the athlete must submit a STUE Form (available upon request to the CCES) as well as all relevant documents that confirm the athlete's physician's diagnosis to the CCES. All relevant documentation would include the following: comprehensive medical history, examinations, laboratory investigations, imaging studies, and copies of original reports and/or letters.

All STUE applications to the CCES are reviewed by a panel of at least three physicians with experience in treating athletes and knowledge of clinical, sports and exercise medicine. Decisions will be conveyed to the athlete by the CCES.

Athletes are advised to retain copies of their submitted TUE applications and, if applicable, certificates of approval in the event of an adverse analytical result.

All TUEs granted by the CCES are forwarded to the World Anti-Doping Agency (WADA.)

For details regarding the CCES Abbreviated and Standard TUE processes, consult the Therapeutic Use Exemption Rules (Section 5) in the Canadian Anti-Doping Program ([www.cces.ca/pdfs/CCES-POLICY-CADP-E.pdf](http://www.cces.ca/pdfs/CCES-POLICY-CADP-E.pdf).)

### International Level Athletes

It is the responsibility of athletes who compete at the International level to check with their International Federation (IF) as to what their TUE requirements include. A CCES TUE is valid only at the domestic level, and may not be recognized by an athlete's IF.

### Submitting TUEs

Athletes can submit Abbreviated and Standard TUEs to the CCES via three methods:

Fax: 613-521-3134

Email: [tue-aut@cces.ca](mailto:tue-aut@cces.ca)

Mail: 350-955 Green Valley Cr., Ottawa, Ontario K2C 3V4



## 5.0 Supplements

Canadian athletes are looking to the Canadian Centre for Ethics in Sport (CCES) and other sport authorities to provide them with advice concerning supplement products. Their main interest is avoiding an inadvertent anti-doping rule violation. They also want assurances that supplements are safe, effective, and present no risks associated with mislabeling and contamination.

Athletes must understand that this advice *cannot eliminate the risk* of inadvertent doping; instead, it is aimed at increasing the athlete's awareness about supplements and *reducing the risks* of doping associated with supplements. At present, there are too many uncertainties for the CCES to guarantee the status or purity of any supplement products.

Under the principle of strict liability, athletes are ultimately responsible for all substances found in their bodies.

### CCES / CANADIAN OLYMPIC COMMITTEE / CANADIAN PARALYMIC COMMITTEE ADVICE ON SUPPLEMENT USE

1. Always seek professional advice before using a supplement. Team physicians and sport nutritionists are excellent resources and can be contacted through your sport organization or Canadian Sport Centre. If these professionals are not available to you, you should seek advice from a pharmacist. Always make sure the professional knows of the risks associated with supplement use and reviews the World Anti-Doping Agency (WADA) Prohibited List before providing advice.
2. Consider whether you need to use a supplement by determining if you have other options, such as changes to your diet or nutrition program.
3. Never use a supplement just because a teammate or competitor is using it or recommends it.
4. Don't start or change a supplement regime in the run-up to a major competition unless you've consulted with a professional.
5. Supplements fall into a wide spectrum of types with the level of risk being lower at one end of the spectrum and higher at the other. Vitamins and minerals usually warrant less concern than those products that rely on claims related to performance benefits (e.g., muscle building, fat burning.) Examples of substances that are prohibited and may appear in supplements from time to time are: DHEA, Ephedrine, Androstenedione/diol, Amphetamines, and Ma Huang.
6. There is always an increased risk of doping when supplements are purchased through non-traditional means such as: over the internet, through magazines or directly from a non-licensed supplier. Products purchased from a trusted retailer or directly from a reputable manufacturer are likely to be associated with lower risk of inadvertent doping. If possible, determine if the manufacturer produces any products containing substances from the WADA Prohibited List – if so, there will be a higher risk of cross-contamination between products. Given a choice of suppliers, choose a product from a company that also manufactures pharmaceuticals over one that is unknown.
7. Always follow the recommended dosage and route of administration as indicated on the product label. Be especially cautious of potential negative interactions if consuming more than one supplement product at a time. Use supplement products like you would any over-the-counter medication - for example, if the recommended dose is one tablet, two or more may be unhelpful, counter-productive or even dangerous.
8. Keep a log of your supplement use (like your training log), including the batch or lot numbers of the product and when they were consumed. Always keep some of the contents from each container of supplements in case a problem arises that requires the product to be investigated.



Although keeping this information will not be deemed as a valid defense in the case of an anti-doping rule violation, it may provide you with sufficient evidence to seek compensation from the manufacturer.

9. Find out if the manufacturer is prepared to stand behind its products if they cause an anti-doping rule violation. Does the manufacturer offer any form of guarantee or compensation? What proof does the manufacturer require to qualify for that compensation? If the manufacturer does offer a guarantee, always obtain a letter of confirmation signed by a senior official from the company.
10. Major events such as the Olympic/Paralympic Games are an excellent opportunity to advocate the necessity of safe supplement usage. When possible, use your experience at these events to speak to individuals in positions of influence about the importance of practical and concrete solutions to reduce the risks to athletes.

*(From the CCES Advisory Note, CCES / COC / CPC Advise Athens-Bound Athletes on Supplement Use, issued July 9, 2004)*

#### NSF INTERNATIONAL CERTIFIED FOR SPORT™ PROGRAM

The CCES recognizes the NSF international (NSF) Athletic Banned Substance Certification Program. The program is designed to *minimize* the risk for Canadian consumers and athletes that a dietary supplement or sports nutrition product contains prohibited substances.

#### What is the CCES position on athlete supplement use?

While the CCES does not promote the use of supplements, we do recognize that athletes use them. Therefore, we need to assist Canadian athletes to make informed decisions about nutritional or sport nutrition supplement use.

Ultimately, athletes are strictly liable for what they ingest and for what is found in their body regardless if it was taken intentionally or not.

#### What does the NSF Certified for Sport™ program mean for Canadian athletes and consumers?

The program is designed to create peace of mind for athletes concerned that supplements may contain prohibited substances. All conscientious athletes should take proper care to *reduce the risk* of ingesting a supplement contaminated with a prohibited substance. The NSF Certified for Sport™ mark on the label can assist with reaching this goal.

#### How can I find out what supplements have been NSF Certified for Sport™?

Look for products bearing the NSF Certified For Sport™ mark on the label – this will indicate that a supplement manufacturer has undergone stringent evaluation criteria, including product testing for prohibited substances and label content confirmation, formulation and label review, production facility inspections, and ongoing monitoring.

Once a product is certified, it will be listed on the NSF International website at [www.nsf.org/Certified/BannedSub/Listings.asp](http://www.nsf.org/Certified/BannedSub/Listings.asp).

